

LOVEJOY TRACK AND FIELD INVITATIONAL

FEBRUARY 29TH 2020

MEET SCHEDULE

Rolling Schedule

7:30 AM	Scratch Meeting – Field House Team Room (east side of field house)
8:30 AM	<u>FIELD EVENTS</u> 4 Attempts for LJ, TJ, Shot, and Discus – 3 Attempts for HJ and PV Triple Jump: East/West Runway – JVG, VG, JVB, VB Long Jump: North/South Runway – JVB, VB, JVG, VG High Jump: Pit #1 - VG, then JVG Pit #2 – VB, then JVB Shot Put: JVG, VG, JVB, VB Discus: JVB, VB, JVG, VG Pole Vault: VG,VB,JVG,JVB – Held in Indoor Facility – Athletes must enter through east doors. No outside food or drink allowed in indoor facility
	<u>RUNNING EVENTS</u> All Running Events are Finals
9:00 AM	3200M RUN: JVG, JVB, VG, VB
11:30 AM	DMR: VG, VB (1200M, 400M, 800M, 1600M)
12:50 PM	National Anthem
1:00 PM	4X100M Relay: JVG, JVB, VG, VB (Gold Arrows) 800M Run: JVG, JVB, VG, VB 100M Hurdles: JVG, VG (Gold Hash Marks) 110M Hurdles: JVB, VB (Blue Hash Marks) 100M Dash: JVG, JVB, VG, VB 4X200M Relay: JVG, JVB, VG, VB (Green, Green then Gold Arrows) 2000M Steeplechase : VG, VB Multiple Entries Allowed/Scored as Var: only top 3 score 400M Dash: JVG, JVB, VG, VB 300M Hurdles: JVG, VG, JVB, VB (Green Hash Marks) 200M Dash: JVG, JVB, VG, VB 1600M Run: JVG, JVB, VG, VB 4X400M Relay JVG, JVB, VG, VB (Blue Arrows)