

LISD & UIL Requirements For Participation

Please use the following steps to complete the requirements for your student to participate in athletics, marching band, color guard, cheerleading or majestics. If you have any questions please email susan_smiley@lovejoyisd.net or cortney_green@lovejoyisd.net

Step 1: Online Forms

To be complete for all 7-12 grade students in athletics, color guard, band, majestics and cheer.

[RankOne Online Form Portal](#) parent & student will need to read and sign electronically

Complete the forms in our RankOne portal. **Please do this step first**, the Medical History form has a section about the Sudden Cardiac Arrest Form in the portal.

You do not need to print the forms.

New students will not be in RankOne until they have been registered in PowerSchool for 24 hours.

Step 2 Medical History & Physical Form

To be complete for all 7-12 grade students in athletics, color guard, band, majestics and cheer.

LISD has a purple Medical History and Physical form. Please fill out this side accurately because a good medical history will determine the need for a new physical. You may print the UIL Medical History and Physical Form PDF by going to [UIL Med Hx & Physical Form](#) and the 2020 physical form is under ATHLETIC FORMS.

We are accepting forms email as PDF - you can download CAMSCANNER app and it will turn it into a PDF and let you email from there, very simple.

Athletics/Cheer/ColorGuard/Majestics last name A-L email susan_smiley@lovejoyisd.net

Last name M-Z email cortney_green@lovejoyisd.net

Marching Band email fela_mathy@lovejoyisd.net

Each medical history/ physical form will be looked over by an athletic trainer or fine arts director. If you check "YES" on questions 1-6, you are REQUIRED to get a new physical. You will not be cleared until we have the new physical. Students that had injuries requiring medical care outside of the athletic training room since their last physical will need to check "Yes" for question 1.

Step 3 Physical Form

The UIL and LISD have made an allowance to use last year's physical form for this school year only. Our medical preference with a developing and physically active adolescent group is to have a physical every year, but this change will give the parent or guardian the option to make the best decision for their student during the COVID-19 pandemic.

All 7th grade athletes and 9th grade march band students will need a physical.	If any students' Medical History has a "YES" on questions 1-6, you are REQUIRED to get a new physical. You will not be cleared until we have a new physical.	Students in athletics, color guard, marching band, cheer or majestics and new to Lovejoy ISD will need a physical.
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Step 4

ImpACT testing

LISD uses the ImpACT testing to get a baseline congestive function for all our student athletes, cheerleaders, color guard and majestics in 7th, 9th & 11th grades. Students will test with their coaching staff or directors. Once we have a current baseline, if a student has a head injury we can retest. The comparison of their baseline test with a post injury test is one tool we can use with your students medical provider for head injury diagnosis and Return to Play decisions.

Optional Step 5

Lovejoy Sports Medicine staff will be hosting optional ECG testing on July 22, 2021 with the [Cody Stephens Foundation](#). The cost is \$20. Cardiac Medical history will be taken and then an ECG performed. The ECG test will be read by a cardiologist and LISD athletic trainers will contact you if further testing is needed. You can request a copy of the ECG for your students medical records.

[ECG form for July 22, 2020](#)

If a parent or guardian would like to have an ECG test for their student athlete your medical provider can look at student and medical history to determine the need for testing and schedule testing.

Living for Zachary Foundation offers ECG/Echocardiograms in Plano.

[Living for Zachary ECG/Echocardiogram \\$55 M-F appointments](#)

