

LITTLE ELM SPORTS MEDICINE DEPARTMENT

Little Elm High School
Athletic Training Facility/Office #: (972) 947-9443 x24109 or x24110

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Middle School Injury Protocol & Evaluations

- Athletes must report all injuries to their coaches within 24 hours, and the Athletic Trainers will be contacted to set up a follow up evaluation.
 - **Athletes @ Strike MS will be evaluated Tuesday mornings between 7:20am - 8:20am.**
 - **Athletes @ Walker MS will be evaluated Thursday mornings between 7:20am - 8:20am.*****Days are subject to change based on State and District mandated testing/meetings at the High School Level** Coordinators will know 1 week prior to the change.*
- **If an evaluation is necessary on a different day or time, Parents can also setup appointments for their child to be evaluated by the athletic trainers at the LE High School Athletic Training Facility. Times: 7:10am – 8:30am or 4:15pm– 5pm on Mondays, Wednesdays, & Thursdays -Appointments required to be setup prior to showing up -EMAIL LEHS ATs (more information is included on the appointment flyer)
 - **See the updated flyer with a QR code available for setting appointments starting on August 19th for the Middle Schools.**
 - **This flyer will have important instructions specific to MS parents/athletes regarding setting up appointments at the High School.*****URL for Injury Evaluation appointment sign ups @ LEHS: www.tinyurl.com/LE-Injury-Treatment***
- **Athletes must be in athletic attire for the evaluation (shorts, t-shirts, etc.)**
- The Athletic Trainers will evaluate the injury and can better determine if further evaluation by a physician is necessary, otherwise, a treatment and rehabilitation plan will be set up for the athlete.
- **Doctor Visits:** Parents/Guardians, please make sure that **if** you take your child to the physician for illness or injury, **the Coach receives a copy of the note stating what they can or cannot do, treatment requests/specifications, and any follow-up information.** *If we do not receive a copy from a Medical Physician, we will not be able to allow your child to return to athletic workouts/games until we have one on file. Note: A "return to school" note stating they have gone to the doctor will not be sufficient.*

Insurance Information

Insurance Info: LEISD purchases a limited benefit secondary insurance policy that partially covers all students while participating in an approved athletic/UIL competition. If an injury occurs, your personal primary insurance covers first and the district insurance is secondary only reimbursing a partial percentage of what your Primary Insurance does not cover. Any bills not paid by your personal carrier or the athletic/UIL policy will be the responsibility of the parent/guardian. All injuries are to be reported to the athletic training staff and coach the day of the injury. Treatment must begin within 60 days from the date of the injury and claims must be filed within 90 days of the injury date. Parents/Guardian must contact the Athletic Trainers to complete and obtain a **claim form.** **Parents/Guardians must personally file a copy of the claim form along with copies of any bills or receipts received to the address listed on the form within 90 days of the injury date.** Further information regarding addition supplemental insurance available for purchase by parents/guardians will be posted annually in August. Further questions concerning the athletic insurance policy should be directed to the athletic trainers at Little Elm High School or the district's benefits coordinator.

Team Physicians

Dr. James C. Walter & Dr. Chris Miskovsky are with **Texas Orthopaedic Associates in Plano, Texas.**

Athletes have a choice on what physician to go to, but our Team Physicians are Orthopedics and specialize in Bone, Joint, & Musculoskeletal injuries.

For more information, please call (972) 378-1438 or visit:

TEXAS ORTHOPAEDIC
ASSOCIATES

<http://www.txorthopaedic.com/plano/>



Additional Policies & Procedures available online @ <http://www.littleelmlobosportsnetwork.com/>

Under the "Student/Parent" tab: Click on "Health, Safety & Sports Medicine" & "Required Athletic Forms"
(These forms have been revised for 2021-2022 school year)