



Coppell High School Hurdle Camp



WHO:

Incoming
7th, 8th, 9th Graders

WHERE:

Coppell MS West

WHAT DO YOU NEED:

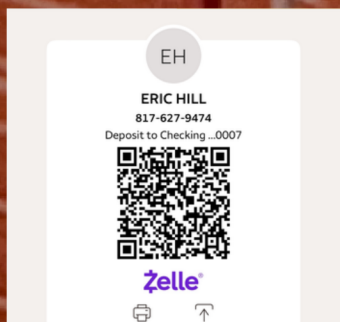
Running Shoes and or Spikes, water
bottle

PAYMENT OPTIONS:

CHECK PAYABLE TO: COACH ERIC
HILL

VENMO: @ERIC-HILL-133

ZELLE: ERIC HILL



June

17th-20th

9am-11am

Cost \$150



OUR FOCUS:

SPRINTING
MECHANICS

HURDLING
MECHANICS

BLOCK
MECHANICS

REGISTER HERE:

