

Waxahachie High School Volleyball Try-outs Aug. 2-3, 2021

To tryout you must have a U.I.L. physical on file. **FREE physicals** will be offered for female athletes May 11th at the WHS gymnasium, 6:00pm. Student can also get concussion testing done if required and parents can fill out all Rank One online forms. We recommend that you take advantage of this opportunity.

The following activities will be included as part of the tryout procedures:

1. 5 X 30 second drills (w/ 1 ½ min. recovery time)
2. Vertical jump, triple broad jump, agility drills, etc.
3. Skill testing. Passing, Setting, Hitting, Serving, Blocking, Digging.
4. Game situations/ Scrimmage.

The tryout practice schedule will be as follows:

Monday, Aug. 2nd

8:00-9:00 All athletes/ Physical testing.
9:30-11:30 9th Grade Tryouts
12:00- 3:00 JV/V Tryouts

Tuesday , Aug. 3rd

9:00-12:00 9th Try-outs
12:00-3:00 JV/Varsity Tryout
* 9/JV/Varsity team will be posted by 5:00

Wednesday , Aug. 4th

1:00-4:00 9th/JV/V Issue uniforms and equipment/ PRACTICE

Thursday, Aug. 5

4:00-6:00 9/JV/V Practice **4:00-5:00** Practice
5:00-6:00 Intra-squad Scrimmage (parents and fans welcome)

6:30 **Parent Meeting (Please make plan to attend!!)**

Friday Aug. 6th SNAP RAISE FUNDRAISER/ Scrimmage at Red Oak.

7:45 Meet at gym. Snap Raise fundraiser in gym **8:00**
10:00 Scrimmage at Red Oak (Red Oak, Arlington Martin, Creekview, Liberty Christian)

Saturday, Aug. 7th

8:30-10:00 Team pictures
10:00-12:00 9th/JV/V Practice

Monday – Aug. 9th

9/JV/V Practice 4:00-6:30

Tuesday- Aug. 10 –Away Game vs. Burleson Centennial Varsity/9G at 5:30, JV/9W at 6:30

Wednesday- Aug. 11th

9/JV/V Practice 4:00-6:30pm

Thursday- Aug. 12

First Day of School 9th practices will be 7:00am -1st period. JV/V 4th period -5:30 or 6:00