

## Waxahachie High School Volleyball Try-outs 2019

**Volleyball try-outs for the Waxahachie 9<sup>th</sup>/JV/Varsity Volleyball teams will be held Thursday, Aug. 1 – Friday, Aug. 2nd.**

To tryout you must have a U.I.L. physical on file. Free physicals for incoming 7-12<sup>th</sup> grade female athletes will be offered Monday, May 13<sup>th</sup>, 6:00pm at WHS Turner Gym.

The following activities will be included as part of the tryout procedures:

1. 5 X 30 second drills ( w/ 1 ½ min. recovery time)
2. Vertical jump, triple broad jump, agility drills, push- ups.
3. Skill testing. Passing, Setting, Hitting, Serving, Blocking, Digging.
4. Game situations/ Scrimmage.

Special consideration to attitude, work ethic, reliability, teamwork, will be taken into consideration. Athletes **MUST** attend tryouts on Aug. 1-3<sup>rd</sup> to be part of the team.

\*Please note that there is a new UIL physical form. Physicals must be done on the revised 2017 form. If you have an injury or illness that prevents you from trying out on the tryout dates please contact Coach Faussett [sfaussett@wisd.org](mailto:sfaussett@wisd.org)

The tryout practice schedule will be as follows:

### **Thursday, Aug. 1st**

8:00-9:00 Physical testing at Turner Gym (EVERYONE!)  
9:00-11:00 9<sup>th</sup> only  
11:00-1:00 JV Tryouts  
2:00-4:30 Varsity practice

### **Friday, Aug 2**

9:00-11:30 9<sup>th</sup>/JV Tryouts  
9:00-11:00 Varsity Tryouts

1:00-3:30 Varsity Practice//3:00-3:30 equipment issued.

**\*\*\*9<sup>th</sup> and JV Teams posted at 4:00**

*(Any parent meeting about tryouts will be scheduled for Monday)*

### **Saturday - Aug. 3**

7:30-8:00am 9-JV Player meetings and equipment issued.

Scrimmage: 10:00 a.m. @ PSA II in Plano ( 9-JV-V ) Meet at Turner Gym 8:00am- wear practice shirt, spandex and green cover shorts.

### **Monday – Aug. 5<sup>th</sup>**

9/JV/V Practice – 3:00-5:00pm (9<sup>th</sup>-Green Gym, JV- Gray Gym, Varsity- Main Gym)  
Intrasquad Scrimmages 5:00-6:00 PM – All teams. Parents and fans welcome!

<b>PARENT MEETING 6:00pm WHS Turner Gym ( Immediately following scrimmage)</b>
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If you have any questions about volleyball tryouts contact Coach Faussett . [sfaussett@wisd.org](mailto:sfaussett@wisd.org)

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**We will offer an OPTIONAL Pre-Tryout clinic for incoming 9-12<sup>th</sup> July 25,26,27 (Thurs-Sat)9:00-12:00am at Turner gym. (\$50 cash or checks to Texas Image)**

## **Indian Volleyball Practice/ Game Schedule Aug. 6<sup>th</sup> – Aug. 19, 2017**

### **Tuesday- Aug. 6<sup>th</sup>**

Game at Prosper 9W/JV at 5:00, 9G/Varsity at 6:00  
Departure 2:30

### **Wednesday Aug. 7<sup>th</sup>**

PICTURES -9:00am (9<sup>th</sup> and JV) 9:30 (Varsity) .

9<sup>th</sup> Practice – Green Gym 10:30-12:30

JV Practice – Gray Gym 10:30-12:30

Varsity Practice – 2 ½ hours immediately following pictures.

12:30pm Snap Raise Kick off campaign & Discount card fundraiser

### **Thursday – Aug. 8<sup>th</sup>**

Varsity at Mansfield Tournament

JV Practice 4-6:30

### **Friday – Aug. 9<sup>th</sup>**

Varsity at Mansfield Tournament

9<sup>th</sup> Practice @ J.W. 4:00-6:30

### **Saturday - Aug. 10<sup>th</sup>**

Varsity @ Mansfield Tournament

### **Monday – Aug. 12<sup>th</sup>- GAME**

Waxahachie AT Red Oak 9W/JV at 5:30, 9G/Varsity at 6:30

Departure 4:00

### **Tuesday – Aug. 13<sup>th</sup> GAME**

Waco Midway AT home

9<sup>th</sup> at 5:00, JV/Varsity @ 6:00

### **Wednesday Aug. 14<sup>th</sup>**

9<sup>th</sup> Practice 7:00-9:30am

JV/V Practice 2:30-5:30

### **Thursday Aug. 15<sup>th</sup>**

9<sup>th</sup> Practice 7:00-9:30am/ JV athletic period only.

Varsity at Northwest Classic

### **Friday – Aug.16**

9<sup>th</sup> Athletic period only. JV Practice 2:30-5:30

Varsity at Northwest Classic

### **Saturday – Aug. 17<sup>th</sup>**

Varsity @ Northwest Classic

*Revised 4.24.19*