

Goodside Health



Goodside Health Is Conducting Sports Physicals for Sherman ISD Students

Goodside Health and Sherman ISD are providing sports physicals at **no cost to families** for any student participating in athletics, band or other extracurricular activities requiring a physical for the 2021–2022 school year on **May 8th**.

Step 1:

Register for your physical at:
<https://patient.pond.md/shermanisd/register>

Step 2:

Fill out the first page of the UIL Pre Participation Form (English) or (Spanish). Print out the form and sign it.

https://www.uil texas.org/files/athletics/PrePhysFormRvsd9_20_21.pdf

https://www.uil texas.org/files/athletics/2020-21-PrePhysForm_Spanish.pdf

Step 3:

Fill out and sign the COVID Questionnaire. Print this and send the form with your child on the day of the physical clinics.

STUDENTS MUST COMPLETE ALL NECESSARY REGISTRATION PAPERWORK TO RECEIVE THE PHYSICAL. DEPENDING ON THE STUDENT'S HEALTH INSURANCE, THE PHYSICALS MAY BE PROCESSED THROUGH THE STUDENT'S INSURANCE IN WHICH CASE THE FAMILY COULD RECEIVE AN EXPLANATION OF BENEFITS DETAILING THE VISIT BUT THERE WILL NOT BE ANY OUT-OF-POCKET COSTS EXPERIENCED BY THE FAMILIES.