

2023-2024 CSISD UIL



Paperwork Updates

CSISD has a new platform for managing all pre-participation paperwork, so it is imperative that you read the entirety of this message to ensure that your child is prepared for the 2023-24 school year.

Important Information



Each year, in order for your student to be eligible to participate in Athletics, Band, Cheer or Drill Team, there are two things that you **MUST** have completed prior to the first day of participation in both in-season and off-season activities.

- A physical exam & medical history. The exam is to be completed by a physician.
- RankOne online paperwork.

UIL Physical Exams

<p>Physical Exams</p>	<p>Students are required to use the Pre-Participation - Physical Examination Form that is linked here and attached to this email.</p> <p>Per UIL rules, NO OTHER form can be accepted.</p> <p><i>CSISD will accept physicals for the 2023-2024 academic year physician dated on or after April 1, 2023. Any physical dated prior to April 1, will expire on August 1.</i></p>
<p>CSISD Physical Exam Dates</p>	<p>CSISD Athletics provided \$20 physicals over three dates in May that were fundraisers for each campus' sports medicine program. ALL proceeds from these events went towards the sports medicine programs at each high school and middle school campus to purchase the medical equipment and supplies that are used to care for our student-athletes, band, cheer and drill team members.</p> <p>CSISD will not be offering any other physical dates this year.</p> <p>Be on the look out for information about the 2024-2025 Physical event in April 2024.</p>
<p>Obtaining a Physical Exam from a Personal Physician</p>	<p>If you prefer to see your family physician, please have them complete the attached Pre-Participation - Physical Examination Form</p> <p>Once completed, please upload the physical exam document directly into your RankOne account (see RankOne information below).</p> <p>Hard copies should NOT be turned into the front office, counselors, nurse or your coach/program director.</p>
<p>I don't have a personal physician or my insurance won't cover a physical right now, what do I do?</p>	<p>Numerous urgent care and walk-in clinics around town provide cash physicals. Here are a few we know of, please call them for more information</p> <ul style="list-style-type: none"> ● Integrity Urgent Care - 979-326-1486 ● Brazos Valley Urgent Care - 979-764-2882 ● Cornerstone Sports Medicine - 979-704-5029

RankOne Online

<p>RankOne</p>	<p>RankOne will be REPLACING PlanetHS/Big Teams previously used by CSISD.</p> <p>ALL parents/guardians will need to create an account in RankOne to complete the required online forms.</p>
<p>Forms to Be Completed</p>	<ul style="list-style-type: none"> ● UIL Preparticipation Physical Evaluation and Medical History - upload a PDF or picture of your completed form. ***Once your child's physical is completed and uploaded into RankOne, the athletic training staff will review it for approval. ● Emergency Information and Consent to Treat ● UIL Forms Signature Pages <ul style="list-style-type: none"> ○ Acknowledgement of Rules ○ Concussion Acknowledgement Form ○ Parent/Student Steroid Agreement Form ○ Sudden Cardiac Arrest Awareness Form ○ UIL Ethics and Hazing ● UIL Parent Information Manual and Safety Training Manual Agreement
<p>Tutorials</p>	<ul style="list-style-type: none"> ● How to Complete Online Forms with a Parent Account ● Frequently Asked Questions
<p>Get the App!</p>	<p>Parents, download the RankOne app on your phone or tablet to have access to:</p> <ul style="list-style-type: none"> ● All Online Forms/Physicals ● Receive Notifications About Your Child via Coaches and Medical Staff ● Team Schedules ● Manage Your Account

Frequently Asked Questions

<p>I am having trouble with my RankOne account, who do I reach out to?</p>	<p>Reach out to support@rankone.com or contact your child's coach/program director for assistance.</p>
<p>Who do I turn my physical into?</p>	<p>Upload your physical to your RankOne account. Please DO NOT turn in to the nurse, front office staff, or your coach/program director.</p>
<p>How do I get a copy of my child's physical for camp?</p>	<p>Within RankOne, you have access to your child's physical at any time by simply logging into your account.</p>
<p>How do I contact the Athletic Trainer on my child's campus?</p>	<ul style="list-style-type: none"> ● A&M Consolidated High School - amchsathtrainer@csisd.org ● A&M Consolidated Middle School - amcmsathtrainer@csisd.org ● College Station High School - cshsathtrainer@csisd.org ● College Station Middle School - csmsathtrainer@csisd.org ● Wellborn Middle School - wmsathtrainer@csisd.org