

**District
Champions**

1976
1979
1980
1981
1983
1984
1985
1986
1993
1994
1998
1999
2001
2002
2003
2005
2006
2007
2008
2009
2010
2011
2012
2013
2015
2017

State Finals

1992
2005
2007
2009
2010

**State
Champions**

2005
2007
2009

TRINITY



FOOTBALL

CLASS 5A DIVISION I STATE CHAMPIONS

2005 · 2007 · 2009

July 16, 2018

Dear Trojan,

I hope you are enjoying your summer, and I hope all is well with you and your family. As a coach for 28 years, I know that summer is an important time for any football player to have some freedom to make choices on their own for a change, and that's a good thing. It takes a lot of time, sacrifice, and discipline to be a student-athlete, so summer is a good time to do what you want a little more often. Time away from the daily grind of work and/or school is a necessity of life from time to time. I hope you've enjoyed it.

That being said, the reason for this letter is to get you to start thinking "TEAM" again. The great Trinity football teams in the past had it, and there's no reason the 2018 Trojans can't. Summer tends to lend itself to selfish feelings, and that's human nature. Trust me, I've had my share of lazy thoughts and feelings this summer, but I kill those by thinking about what I want this team to look like when we hit the field this season. Then I get to work. Always remember, "The pain of DISCIPLINE is TEMPORARY, but the pain of REGRET lasts FOREVER." It all goes back to the simple fact that you control your own attitude every day, so find what motivates you to be your best version, and use it daily in a positive way.

Each year, we want to show that GREAT TROJAN ATTITUDE that separates us from the rest. Out-hit, out-hustle, and just flat-out have more FUN than any opponent that lines up across from us. That's what makes Trinity special...we can beat a group of players as good as or even better than us just because of that TROJAN ATTITUDE. Combine that ATTITUDE with INTELLIGENCE and SMART HUSTLE (Smart team is hard to beat!), and we can have a season to remember. All you can do is all you can do...and all you can do is enough. We will look at the scoreboard when it's over. Let everyone else worry about the rankings, scores, and expectations...we're having too much fun COMPETING to worry about all that!

Right now, there are two types of football players out there...those who have been working out, and those who haven't! Overall, we have had high summer participation numbers, so combine that with the great spring training that we had, and everything is in place for a special season this fall. If you've been working out, keep it up and get in even better shape. If you haven't, it's time! Start preparing now! Get your rest, drink water before and after workout, and SPRINT! Football is a game of sprints, so prepare to play at a level that your opponents can't endure for 48 minutes! If you do nothing else between now and our first practice...SPRINT!

Finally, I wanted to make you aware of some important and exciting dates that are just around the corner:

Monday, August 6th – 1PM Registration in Library (bring \$5 and current bill/lease to prove residence)

Tuesday, August 7th - Team Meetings in the MAC (Parents welcome but not required)

4PM – Incoming Jrs / Srs **6PM** – Incoming Soph (we will take pictures for program this night)

Saturday, August 11th - Mother's Brunch (10:00AM-12) **Noon** – makeup pictures for program

Monday, August 13th - 1st day of practice (3:00PM) **Note:** Specific times presented at team meetings.

Saturday, August 18th - Intra-squad scrimmage at Pennington (6:30AM)

Monday, August 20th - First Day of school

Friday, August 24th - Denton Guyer Scrimmage at Guyer HS Campus (5:00/7:00PM)

Thursday, August 30th - First JV Games (Pennington)

Friday, August 31st - Trinity vs. Waco Midway (7:30PM at Waco Midway Panther Stadium)

Love,

Coach Jensen

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