

For the 2020-2021 school year, AISD has waived the requirements for a new annual physical to participate in extracurricular activities for those who have a valid 2019-2020 medical physical.

[LINK: Physical Parent Notification PDF](#)

WHAT PRE-PARTICIPATION PAPERWORK IS REQUIRED FOR 2020-2021 ATHLETICS AND CHEER?

- **Valid 2019-2020 Physical signed by a physician dated on or after April 15th, 2019**
 - Students new to extracurricular activities and those without a valid physical will also be required to obtain a physical examination from an authorized medical provider dated on or after April 15, 2019.

- **UIL Medical History Form**
 - <https://austinisd.rankonesport.com/Images/Logos/2020English.pdf>
 - <https://austinisd.rankonesport.com/Images/Logos/2020Spanish.pdf>
 - Must be signed by a parent/guardian, answered truthfully, and all 'yes' answers must be explained.
 - A scanned, legible photocopy may be emailed to the Athletic Trainers for submission and review **with the subject line: Medical History + 'LAST NAME'**
 - **Drop off dates at Anderson near athletic entrance: Tuesday 8/25 8-10am & Thursday 8/27 5-7pm**

- **Medical Screening**
 - A school official will follow up with the athlete/parent/guardian to review their UIL Medical History form with them.
 - Based on the results of this medical screening, it will be determined if the student will be required to obtain an updated physical exam or clearance note from an authorized medical provider.

- **Online forms - 2 sections (UIL forms AND Contact Info)**
 - austinisd.rankonesport.com
 - Both forms must be signed and submitted electronically through RankOneSport
 - A parent account may be created or may access and complete the forms as a Guest.
 - Student names must match what is on the student's school registration papers.
 - ie if there is a hyphen/space between any names, that must be included.
 - Student ID's should be only numerical - there should not be a 'S'.
 - Forms are in English and Spanish language versions can be found on the top right hand corner of the screen once you click on the links to the respective forms.
 - **UIL Forms:** Contains 9 links to forms to be clicked on and read through. Must check the box next to the links to acknowledge they have been opened and read.
 - These may be printed for your records but signed hard copies will not be accepted for participation.
 - **Contact Info:** All boxes must contain information. (Type "NONE" if info is not available)

Please contact the Anderson Athletic Trainers if you have any questions.

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FAQ

Is a new annual sports physical required to participate in the 2020-2021 school year athletics?

- UIL and AISD agreed to allow physicals on file from the previous year to be used for the 2020-2021 school year. Any physical that was performed, signed, and dated after April 15, 2019 will be accepted if not extreme circumstances have occurred since that date.

I am new to athletics but have a physical dated after April 15, 2019; am I eligible for 2020-2021 athletics?

- Yes, you have to submit the physical with an updated medical history form to the Anderson ATs to have on file and inputted into our records. It will be accepted if no extreme circumstances have occurred since that physical date.

If I had a new physical performed after April 15, 2020, do I need to turn it in?

- Please do. Any new physicals will be inputted and will not be subjected to a medical screening unless requested.

If I turn in a new physical dated after April 15, 2020, will I be eligible for the following 2021-2022 school year?

- No. The waiving of an annual physical examination for athletics is only for the 2020-2021 school year due to the current circumstances.

Who will be required to obtain a new physical for the 2020-2021 school year?

- Anyone who has had an extreme health circumstance that occurred between their last physical date and the start of 2020-2021 athletics may be required to obtain a new physical. A Medical Screening with an Anderson AT will help determine this or if a physician's clearance note will suffice.

Who needs to turn in a Medical History Form?

- Everyone. Regardless of a physical dated after 4/15/19 or 4/15/20, a new medical history form needs to be submitted for review.

What is a Medical History Form (MHxF)?

- The MHxF is typically the front page of the "physical form" that includes student athlete's updated information and questionnaire regarding current and past health status.
- The form can be found here: <https://austinisd.rankonesport.com/Images/Logos/2020English.pdf>

If I answer "yes" to any of the questions on the MHxF, will that make me ineligible for athletics?

- No, it is likely you are still eligible for athletics.. Any YES answers must be supplemented with an explanation. This information helps us know a student athlete's medical history, have this information for our records, and to determine if a follow up is necessary.

I've submitted a Medical History form via email but I am still not compliant in RankOne.

- Medical histories will not be inputted until a medical screening is completed with an Anderson AT.

What is a "Medical Screening"?

- For the school board to approve the requirement of an annual sports physical for the 2020-2021 school year, it was agreed that every student athlete who is using their 2019-2020 school year physical would need to complete a new medical history form and it would be followed up by a verbal "medical screening" to review the document with the student athlete/parent guardian with a designated individual (Anderson ATs).

When and how will the Medical Screening take place?

- If a medical history form was emailed in, you will receive a phone call for the medical screening as soon as possible. If a medical history is turned in and handed directly to an Anderson AT (during the drive through drop off dates, at S&C, etc) then the medical screening will take place at that moment.

What are the online forms?

- These are required UIL and AISD forms that are to be completed every year prior to the start of athletics. There are 2 forms titled: **UIL Forms** and **Contact Info**. These forms are required to be eligible for athletics for the upcoming school year.
- Forms can be found here: austinisd.rankonesport.com