

Chattahoochee Track & Field Varsity Letter Criteria

An athlete must meet criteria **I** to receive a Varsity letter. Additionally, they must meet at least one of the other criteria.

I. Finish the season in good standing, showing the work ethic and commitment commensurate with the Chattahoochee Track & Field program.

II. Meet or exceed any of the Varsity standards below.

III. Score point(s), in an individual event in the Varsity Region meet.

IV. Compete on a relay team that finishes in the top 4 at the Varsity Region meet.

V. Be a Senior who has finished at least one previous season in good standing.

	BOYS	GIRLS
Event	Standard	Standard
100m	11.7	13.7
200m	24	28.3
400m	53	64.6
800m	2:09	2:35
1600m	4:50	5:50
3200m	10:45	12:55
110/100m hurdles	17.5	19
300m hurdles	44	54
Shot Put	38'6"	28'
Discus	100'	80'
Pole Vault	11'	7'6"
Long Jump	18'9"	14'
Triple Jump	38'6"	30'
High Jump	5'8"	4'8"

*relay splits timed by a coach *may* be considered for distances 400m and above

Those athletes who only meet criteria **I** at the end of the season will receive a certificate of participation.