



RVHS Cheerleading

2024-2025 Tryout Information

Tryout Application and Teacher
Recommendations Due:

Monday, April 29, 2024

by 4:00 PM

Tryouts: May 6th and May 7th

4:15 PM - 7:00 PM

Final Tryout Day:

Wednesday, May 8, 2024 : 4:15 PM - Until

Prospective Cheerleaders and Parents,

I would first like to thank you for your interest in Ridge View High School's Cheerleading program. Being an RVHS cheerleader is a prestigious honor and privilege that allows you to represent your school and community. Becoming a part of this program is very rewarding, but comes with much dedication and commitment from parents and athletes. Please understand this commitment includes both **time and expenses**.

I cannot stress enough that cheerleading is a TEAM sport. When a cheerleader does not follow through with their commitment, it affects the entire squad. The coaching staff asks that you please take the time to review this information packet before committing to trying out. This commitment will demand after-school practices 3-4 days per week, off campus training, summer practices, hosting and attending cheer camps, and cheering at every game.

It is expected that all athletes abide by RVHS athlete's code of conduct. If chosen to be a part of the Ridge View Cheerleading program, the cheerleader and parent(s) will be required to review and sign the code of conduct cheer bylaws.

The cheer teams will be chosen as follows:

Varsity Competitive: Top 26 (+-)

- Fall season, football and competition

Junior Varsity Competitive: Second top 20 (+-)

- Fall season, football and competition

*Varsity Spirit: Top 15 (+-)

- Winter season, basketball
- Focus on stomp and shake / dance

*Junior Varsity Spirit: Second top 12 (+-)

- Winter season, basketball
- Focus on stomp and shake / dance

****Tryouts for the spirit season will be held in the fall of 2024 for Ridge View students only***

Another interest meeting will be held for the winter season in September 2024

Requirements to Tryout:

- Completed and signed cheer application due by April 29, 2024 at 4:00 PM (*Once the form closes it will not reopen)
- 2.5 cumulative weighted GPA - must include a copy of most recent report card/ quick look up with application
- All cheerleading fees from the prior season(s) MUST be paid
- Completed profile requirements for 2024-2025 school year in PlanetsHS, including an updated physical dated AFTER April 1, 2024

You will receive an email with your try out number and additional details regarding tryouts no later than Friday, May 3, 2024. Here you will also find out if you have completed all requirements to try out or if your application has been denied.

****All Tryout Sessions are Closed to the Public****

This means only those who are trying out will be able to attend sessions. Spectators are not allowed.

Upon being selected to be a part of the Ridge View High School Cheerleading Program, each student must maintain their eligibility according to the South Carolina High School League (SCHSL) requirements. Failure to do so will result in the removal of the athlete from the squad. There will be a **MANDATORY** meeting for parents and cheerleaders who are selected to be a part of the RVHS Cheer Program. The date for that meeting for the fall season is Friday, May 10, 2024 from 5 PM - 6 PM. The tentative date for that meeting for the winter season will be held following those tryouts in the fall.

I would like to again thank you for your interest in our program. I hope you decide to join us and I wish you the very best of luck at tryouts!

Alyssa Burris
RVHS Head Cheerleading Coach
aburris@richland2.org
803-699-2999 ext. 84247

What to Expect From Coaches

Our knowledgeable and experienced coaching staff are more than excited for another year of spirit and fun. Cheerleading is a sport of happiness, team work, and school spirit. It is our ultimate goal to take this program to the next level. We will do our best to bring out the best in each cheerleader. You can expect the following from RVHS cheer coaches:

- Expect us to push cheerleaders to their highest potential
- Expect to try new things
- Expect hard work and dedication
- Expect different

What to Expect for Tryouts

- Submit completed application, proof of final grades/GPA, and completed PlanetHS profile INCLUDING sports physical dated after April 1, 2024
- **If a completed application and/or completed PlanetHS profile is NOT on file for you, you will not be permitted to try out.**

Attire for tryout:

- Monday and Tuesday: any t-shirt, shorts, and cheer shoes. If you have never cheered before and do not own cheer shoes: any athletic/workout tennis shoes will be fine
- Final tryout day : plain white t-shirt (no words), black shorts, cheer shoes (or tennis if you do not own cheer shoes), and a bow "gameday ready"
- Hair must be neatly pulled back from face
- NO JEWELRY
- Nails must be short, no acrylic nails, no polish

What will be judged:

- You will be required to perform a cheer, chant, and dance that you will learn during the week of tryouts
- You will be required to demonstrate three different jumps
- You will be evaluated on stunting technique/ overall strength
- You will be evaluated on standing and running tumbling if applicable

What to Expect After Tryouts

- Rosters will be posted BY 3:00 PM Thursday, May 9, 2024 on all Ridge View Cheer social media platforms and on the bulletin board outside of Coach Burris' Office
 - Tryout numbers will be posted, not names, so please remember your number
- If you are selected as a team member for the 2024-2025 school year, you will be sent via email additional information regarding the mandatory parent meeting
- The parent meeting will discuss the upcoming season, practice days/times, etc.
- First team practice is scheduled for May 13, 2024

Cost:

- The projected financial commitment for the upcoming season has the potential to be around \$1000. This cost includes practice wear, shoes, bags, bows, accessories, and training at Twisters for 6 months
- Our goal is to fundraise so much that no athlete has more than \$600 worth of fees on their account.
- **Team fundraisers benefit the entire team. Individual fundraisers help decrease an athlete's individual fees.**
- The first fundraiser will begin within the first week of practice. Details will be given at the parent meeting.

Any questions/ concerns regarding tryouts should be sent to Coach Alyssa Burris at aburris@richland2.org

Tryout Application Checklist



- Completed Application - **DUE BY APRIL 29, 2024 at 4:00 PM**

Scan QR Code for Application



- Teacher Recommendation
- Teacher Recommendation
- Teacher Recommendation

Scan QR Code for Teacher Recommendation Form

<http://tinyurl.com/RVCTeacherRec24>



- PlanetHS Account Complete
- Sports Physical Dated AFTER April 1, 2024

Scan QR Code for information about sports physicals