

2024-2025 Milpitas High Athletics Sign-up Due Dates

Physical Packet; homecampus confirmation page (all sports listed on one page)

PHYSICALLY TURNED INTO P-12/MAILBOX OUTSIDE OFFICE with wet signatures

MHS Physicals on site June 2nd & July 28th 9am-1pm, P-12

Fall Sports

Paperwork Due

August 5, 2024

Guardian/Athlete

Mtg August 6, 2024

MHS Gym in person

6:30-8pm

Practice Starts

August 9, 2024

Winter Sports

Paperwork Due

October 23, 2024

Guardian/Athlete

Mtg October 29, 2024

MHS Gym in person

6:30-8pm

Practice Starts

November 4, 2024

Spring Sports

Paperwork Due

January 22, 2025

Guardian/Athlete

Mtg January 27, 2025

MHS Gym in person

6:30-8pm

Practice Starts

February 3, 2025

The specific meeting locations within the school will be announced as we approach the meeting date. A guardian & athlete must be present for **one complete meeting per school year** in order to participate in a contest; makeup meetings will be up to each program. There is an athletic dept presentation and meet the coach session to learn about tryouts. Please put these dates on your calendar NOW!

Fall Sports

Cross Country

Girls Flag Football

Football

Girls Golf

Girls Tennis

Girls Volleyball

Boys Water Polo

Girls Water Polo

Winter Sports

Boys Basketball

Girls Basketball

Boys Soccer

Girls Soccer

Wrestling

Spring Sports

Badminton

Baseball

Boys Golf

Softball

Swimming

Boys Tennis

Track & Field

Boys Volleyball

***All paperwork MAY be submitted prior to the start of the school year!
Will accept confirmation page and physical exam separately if need be.***