



# Orange Park High School Athletic Clearance Policy

2022-2023 School Year

All student athletes must be cleared before participating with  
any team!

1. Register at [www.athleticclearance.com](http://www.athleticclearance.com) (Registration takes approximately 10 minutes)  
Required for all new and returning athletes. Please select ALL sports you plan on trying out for to avoid having to do this process multiple times.
2. Upload both sides of your physical (Must be FHSAA EL2 form ONLY) into your account.  
**you must also upload a copy of your insurance card!** Please keep your physical
3. Print and turn in your confirmation receipt to Mrs. Shiver (student services)  
[https://fhsaa.com/documents/2020/3/26/el02\\_physical\\_2.pdf](https://fhsaa.com/documents/2020/3/26/el02_physical_2.pdf)
4. Coach Brightman will clear you to participate. You CAN NOT participate in any team activity until cleared
5. DO not wait until the day of conditioning or tryouts to start this process as Coach Brightman will NOT guarantee same day clearance. Please plan ahead.

Please email Coach Brightman @ [destiny.brightman@myoneclay.net](mailto:destiny.brightman@myoneclay.net) with any questions or concerns.