



ORANGE PARK RAIDERS

ATTITUDE • INTELLIGENCE • EFFORT • DISCIPLINE • PRIDE



ORANGE PARK HIGH SCHOOL
2300 Kingsley Ave
Orange Park, FL 32073

(904) 336 - 8675 O
@OPHSAthletics



Athletic Clearance Process

Make sure you have the following before you start Athletic Clearance:

1. Recent Physical (Cannot be more than a year old)
<https://www.orangeparkathletics.com/documents>
2. **Student** must complete NFHS Courses (<https://nfhslearn.com/>)
 - a. Create or sign-in to NFHSLearn account.
 - b. Concussion in Sports course
 - c. Heat Illness Prevention course
 - d. Sudden Cardiac Arrest course
 - e. Print or snapshot of certificate for each completed course
3. Copy of Insurance Card

Start Athletic Clearance:

1. Create an athletic clearance account.
 - a. Go to <https://athleticclearance.fhsaahome.org/>
 - b. Click add new clearance, select current year, and Orange Park High
 - c. Sport: click Football (11 man); add sport: Spring Football
 - i. Note: Add all sports you plan to participate in during the year
 - d. Fill out all information and upload documents
 - i. **Upload:** pp 3 & 4 of physical, Insurance Card, Concussion in Sports Certificate, Heat Illness Prevention certificate, and Sudden Cardiac Arrest Certificate.

