NOTRE DAME ATHLETICS

TRYOUT INFORMATION 2025-2026

Baseball (SPRING):

Freshman Tryouts:

November 4th, 5th, 6th, and 7th (3:30-5:30pm)

Coach Dill: dill@ndhs.org

Basketball - Womens (WINTER):

F+JV Tryouts:

September 6th (8:00-10:00am) September 8th (7:15-9:00pm)

Coach Laolagi: laolagi@ndhs.org

Coach Rodriguez: rodriguez@ndhs.org

Basketball - Mens (WINTER):

Frosh Tryouts:

September 18th(7:15-8:45pm)

September 20th (4:00-5:30pm)(10:30am-12:00pm)

JV Tryouts:

September 19th (7:00-9:00pm) September 20th (12:00-2:00pm)

Coach Sargeant: sargeant@ndhs.org
Coach Powers: powers@ndhs.org

Beach Volleyball - Womens (SPRING):

JV+V Tryouts TBD

Coach Howard: howard@ndhs.org

Competitive Cheer (WINTER):

Varsity Comp Tryouts:

September 19th (5:00-7:00pm) in the GYM September 20th (2:00-4:00pm) in the GYM

Coach Griffin: jgriffin@ndhs.org

Competitive Dance (WINTER)

Varsity Comp Tryouts:

September 18th (5:00-7:30pm) in the ACTIVITY CENTER

Coach Grant: grant@ndhs.org

Golf - Mens (SPRING):

JV+V Tryouts

October 28th (3:00pm - First Tee time) at Encino GC October 30th (3:00pm - First Tee time) at Balboa GC

Coach Stark: stark@ndhs.org

Lacrosse - Mens (SPRING):

JV+V Tryouts:

September 30th (6:00-8:00pm) - FB Field December 9th (7:00-9:00pm) - FB Field

PROSPECTIVE PLAYER MEETING: August 19th (3:00-4:00pm) in the HCC Reading Room PROSPECTIVE PARENT MEETING: August 28th (8:30-9:00pm) in the Lecture Hall - AFTER

Back-To-School Night

Coach Maxwell: maxwell@ndhs.org

Lacrosse - Womens (SPRING):

Varsity Tryouts:

September 15th and 16th (6:00-8:00pm) on the FB field

PROSPECTIVE PLAYER MEETING: September 12th (3:15-3:45pm) in the Lecture Hall

Coach Lulejian: lulejian@ndhs.org

Soccer - Mens (WINTER):

JV+V Tryouts:

September 16th and 18th (3:30-5:00pm) on the BB Field

September 19th (3:30-5:00pm) on the FB Field

Coach Yassaman: yassaman@ndhs.org

Soccer - Womens (WINTER):

JV+V Tryouts:

August 25th, 26th, and 27th (6:45-8:45pm) on the FB Field

Coach Meakin: meakin@ndhs.org

Softball (SPRING):

Varsity Tryouts:

August 27th (3:00-5:00pm) on the BB Field

Coach Siegel: siegel@ndhs.org

Tennis - Mens (SPRING):

Varsity Tryouts:

December $\mathbf{1}^{\text{st}}$ (3:15-5:15pm) and December $\mathbf{2}^{\text{nd}}$ (3:00-5:00pm) on Campus courts

December 18th (2:00-4:30pm) - Intrasquad Tourney at Braemar CC

Coach Berman: berman@ndhs.org

Water Polo - Womens (WINTER):

JV+V Tryouts

August 21st (5:00-7:00pm)

Coach Savannah Simmons: simmons@ndhs.org

Volleyball - Mens (SPRING):

JV+V Tryouts:

January - TBD

Coach TBD - Please contact Mr. Moss at moss@ndhs.org with any questions

Below is a list of fall sports that have already held tryouts, along with other sports that do not have a tryout or cut process. If you're interested in participating in a future season, please reach out to the coach directly via email with any questions.

FALL SPORTS

Beach Volleyball - Mens: Coach Gillman - gillman@ndhs.org

Cross Country - Mens & Womens: Coach Pasillas - pasillas@ndhs.org

Flag Football: Coach Alexander - walexander@ndhs.org

Football: Coach Yabu - yabu@ndhs.org

Golf - Womens: Coach Brandwynne - <u>brandwynne@ndhs.org</u>

Tennis - Womens: Coach Berman - berman@ndhs.org
Volleyball - Womens: Coach Dazé - daze@ndhs.org

Water Polo - Mens: Coach Kartvelishvili - kartvelishvili@ndhs.org

WINTER SPORTS

*All Winter Sports have tryouts with cuts and are listed above

SPRING SPORTS

Swimming - Mens & Womens: Coach Lacelle - <u>lacelle@ndhs.org</u>
Track - Mens & Womens: Coach McNab - <u>mcnab@ndhs.org</u>

YEAR ROUND

Sideline Cheer - jgriffin@ndhs.org Sideline Dance - grant@ndhs.org

If you have any additional questions, please call the Athletic Office at 818-933-3661 or email athletics@ndhs.org