



## 2023 Seminole Cross Country Schedule

<b>Date</b>	<b>Meet</b>	<b>Location</b>	<b>JH Times</b>	<b>HS Times</b>
August 26	LCU Rust Buster Relays	LCU Golf Course	Girls 9:15am Boys 9:45am	VG/JVG 8am VB/JVB 8:30am
September 2	Crane Invitational	Crane Golf Course	Boys 11am Girls 11:30am	VB 9am JVB 10am VG/JVG 10:30am
September 9	Plains Invitational	Yoakum County Park	Girls 11am Boys 11:30am	VG 9am VB 9:30am JVG 10am JVB 10:30am
September 16	LCU Chap Invite	LCU Golf Course	Girls 8:15am Boys 8:45am	VG 9:15am VB 9:45am JV Boys/Girls 10:15am
September 23	Lubbock Invitational	Mae Simmons Park	NO JH	VG 11am VB 11:30am JVG 12pm JVB 12:30pm
September 30	TRIBE Invitational	Gaines County Park	Girls 10am Boys 10:30am	VG 8am VB 8:30am JVG 9am
October 9	District 3-4A Meet	Andrews Golf Course	Girls 4:30pm Boys 5pm	JVG 2pm VG 2:30pm JVB 3pm VB 3:30pm
October 23-24	Region 1 4A Meet	Mae Simmons Park		TBA
November 3-4	UIL State Meet	Round Rock, TX		TBA