

Parent or Guardian, and Tryout Candidates:

We are so excited that you have chosen to try out for the CHS Varsity Dance team. Before tryouts begin, there are certain responsibilities that you need to know.

- If you make the dance team, it is not just a commitment during school hours; it also requires time outside of school. These out-of-school times will be mandatory, and no absence except another school activity or unforeseen emergency (such as illness or death in the family) will be excused. These out of school commitments include, but are not limited to, afterschool and summer practices, football and basketball games, early morning practices, after school and early morning pep rallies, fundraising events, etc.
- Football season starts in August and basketball season does not end until the 2nd week of March. We will attend all varsity football games and home basketball games (Tuesdays and Fridays). If you are involved in competitive (non school affiliated) sports, you **will not be excused** from any school dance event to attend a competitive event. This will result in an unexcused absence and the consequence will be handed down at the coaches' discretion.
- All dancers are **required** to attend dance/choreography practices to prepare for dance competition - April 2, 9, 16, 23, & 30, May 7, 14, 21, 28 (5:00 - 9:00) and June 4 will/could be used if necessary.
- There is a financial obligation for competition dance choreography/clinic and dance accessories. The payment of \$450 and will be due on **April 2nd**.  
Please understand if you are new to high school dance, your expense will be greater.
- BACK TO SCHOOL practices will begin July 29th - Aug. 5 (Practice times TBA) I will provide you times as soon as possible.
- Beginning Aug 13th - EVERY Tuesday (practices 3:30-7:30) and EVERY Friday (games) dancers will have team commitments. There will be Sunday afternoon practices for State Competition starting in September (1:30-5:00)
- There will/could also be some Saturday practices that will be mandatory prior to State Competition on November 9. Those Saturday practices **if needed** would be late October and the first Saturday in November.
- Dancers are a representation of Conway High and should behave accordingly. Any inappropriate or disrespectful behavior will be dealt with at the discretion of the coaches.

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*With my signature, I verify that I understand and agree to the responsibilities of being a CHS dancer.*

**Commitment Form**

I understand and agree to this commitment.

Student Signature \_\_\_\_\_

Date: \_\_\_\_\_

Parent Signature \_\_\_\_\_

Date: \_\_\_\_\_

# **General Information Sheet**

**Please Write Legibly**

Student Name: \_\_\_\_\_

Grade for 2024 - 2025: \_\_\_\_\_ Student Cell Phone: \_\_\_\_\_

Parent/Guardian Name: \_\_\_\_\_

Address: \_\_\_\_\_

Parent/Guardian Cell Phone (please specify mom/dad): \_\_\_\_\_

\_\_\_\_\_

Parent Email (primary means of parent-coach contact): \_\_\_\_\_

Any medical information about your daughter that I need to know: \_\_\_\_\_

\_\_\_\_\_

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## Tryout Information

- **Tryouts will be held in the Buzz Bolding Arena**
- **March 11th - March 14th**
  - **Monday - March 11th - 4:00-6:30**
  - **Tuesday - Thursday - 4:00 - 5:30**
- **Absolutely NO friends, family, or unauthorized persons in Arena at any time.**
- **Tryout Clothing to be worn:**
  - **Solid** royal blue shorts
  - **Solid** white t shirt (no designs/not see through)
  - Solid white socks
  - Sports bra
  - No colored polish, no long fingernails, no jewelry
  - Hair back in a ponytail; no bangs in your face; **no bows**
  - Dance or Athletic shoes
- **Required Forms Checklist -**
  - **ALL forms can be found online at [www.conwaywampuscats.com](http://www.conwaywampuscats.com) - Click INSIDE ATHLETICS then Click - FORMS - Scroll down to Girls Varsity Dance -**

\_\_\_ Current Physical (not needed if an up to date one is already on file with the athletic office)

\_\_\_ Athletic Consent Form (not needed if an up to date one is already on file)

\_\_\_ Concussion Form (not needed if an up to date one is already on file)

\_\_\_ General Information Sheet, included in packet

\_\_\_ Commitment Form, included in packet

- **If these forms are not turned in by the first day of tryouts, your daughter will not be allowed to participate until forms are completed and turned in.**

If you have any further questions or concerns about tryouts please email Coach Sonya Stephens at [stephens@conwayschools.info](mailto:stephens@conwayschools.info)