

Dear Spartans,

We hope this letter finds everyone enjoying family and friends for the holiday season. We are thrilled to be sharing the final Coach's Speak of this year as the 2019 6AII State Champions. Your Spartans completed the "DriVe" for five!

Thanks to everyone that made the drive to support us in the Championship game. For those of you that did, it was probably the best 7 dollars you could spend. We were proud of the way our players came back from behind and responded time after time. We defined perseverance as "attack adversity," and our athletes certainly had their fair share in the game! As Jon Gordon puts it: "Culture is a competitive advantage. A team with a great culture seems to have an extra layer of strength, tradition, resilience, belief and power that is hard to beat." We are proud of our 2019 Spartans!

This year's team has left quite a legacy. Some of the accomplishments include: A National Ranking of 22<sup>nd</sup>, Max Preps #1 in Oklahoma, the first undefeated season in Bixby's history, the highest scoring offense in Bixby's history, a 25 game winning streak and we have won five of the last six state championships. More important than all of these accolades is the great character and leadership that this group has shown all season long!

Many of you have noticed that our players are beginning to garner post season awards. We See December Update pg. 2



For the sixth consecutive season, we have been fortunate enough to have Thanksgiving morning practice! Each year, it is a special time to give thanks to family and all the wonderful opportunities our players and coaches have been afforded.

This year was another exceptional practice with wonderful weather and a great turnout of parents and alumni. At the end of practice, all of the alumni who attended introduced themselves to the team. It was great to catch up with so many of the Spartans who have helped lay the foundation for the success of our program. Check out the video here!



### December Update continued from pg. 1

have been attending awards banquets at all of the news stations, and soon the Tulsa World, Daily Oklahoman and the Oklahoma Coaches Association will announce their All-State teams. Brennan Presley was recently crowned the Oklahoma "Gatorade Player of the Year," not only for what he does on the field, but in the classroom and community. We are so proud of all of our players who are receiving these well-earned awards.

This week our players will order championship rings. Once again, our Quarterback Club will subsidize the cost so that each player will only be responsible for \$100 for their ring. Our QBC truly goes above and beyond in providing the very best playing experience for our student athletes.

Hats off to our Spartan Moms and Quarterback Club for pulling off yet another wonderful end of year banquet. It entailed so much work and our Moms were able to pull it off the Monday after the championship game. Truly a difficult feat.

Finally, we are excited to watch many of our players as they head off to second and third sports. Each athlete will continue to "commit to the process through competition and daily strength and conditioning class. We attribute much of our success on the field to the work we put in during the off-season, so please encourage our athletes as we begin another journey. It truly is a great day to be a Spartan!!!

Sincerely,

**Coach Montgomery** 



Congratulations to 2019 Senior Ethan Hall on making his first collegiate catch. It also just happened to be a touchdown!



#### "Prove the Culture"

Over the course of the season, we have implemented a weekly assessment of power output to monitor the team's recovery, strength levels, and preparedness to train and ultimately compete. Utilizing each athlete's vertical jump and referencing his bodyweight, we can determine an athlete's weekly progress as well as understand our efforts in the development of training programs, recovery protocols and practice demand.

Credit for this project goes to Corey Gray at Southwestern College, Coach Matt Thompson's Alma Mater. His thought process behind this was: "Given the constant stress of the season, fatigue, etc., it's pretty fair to say that if a student can maintain his bodyweight then he will likely be able to "maintain," if not improve, his level of preparation." He goes on to say: "I associate decreases in VJ, in-season, to either an injury or less intake of food and water. In-season player output increases and so should the intake."

This application has been vital for us as a program to understand where the team is at physically to create the best plan of action weekly so that we are able to be at our best on Friday nights. It also has allowed us to find another avenue of competition without being unnecessarily taxing. Lastly, the confidence the athletes feel from either hitting a PR, beating their buddies on the team, or being within our goal of 98% - 100% of bodyweight and vertical jump is contagious and I believe only helps us continually prove our culture of being the very best in Oklahoma at developing student athletes.

### 2019 6A-Div II - D2 All-District

	PLAYER OF THE YEAR AWARDS										
Defensive Line	Offensive Line	Iron Man	Purple Heart	Special Teams	Defensive Player	Offensive Player	MVP	Coach			
Of The Year	Of The Year	Of The Year	Of The Year	Of The Year	Of The Year	Of The Year	Of The Year	Of The Year			
M -Devion Williams	PC - Simeon Faagai	S - Marcus Esparza	S - Eli Williams	BX - Reis Vernon	BTW - Krishawn Brown	M - Jimmie Coleman	BX- Brennen Presley	PC - Scott Harmon			
			BTW - Gentry Dalton								

			ALL-	DISTRICT BY	POSITION			
	Bartlesville -BA	Bixby-BX	Muskogee- M	Ponca City- PC	Sand Springs- SS	Sapulpa-SA	Shawnee-SH	Washingto n-BTW
Quarterba cks	Running Backs	Tight Ends	Wide Receivers	Offensive Linemen	Defensive Linemen	Linebacker s	Defensive Backs	Special Teams
Ben Winters - BA	Laken Clowdus - BA	Hudson Guiver-Bx	Luke Creeger-Bx	Chad Tinney- Bx	Mason VanPelt- Bx	Brody Sartin- Bx	Jordan Reagan- Bx	Reis Vernon- Bx
Justin Andrews - PC	Hunter Bradley - PC	Kaleb Biglow -	Brennan Presley-Bx	Kobe Williams-Bx	Owen DeWoody- Bx	Bear Daniel- Bx	Trevon Holt-Bx	Kentrell Mitchum - M
	Kyter Welch - PC	Kandon Williams - SA	Jordan Bradley - M	Stephen Dreyer-Bx	Tyler Parsons-Bx	Carson Chambers-Bx	Kaunor Ashley - M	Taton Hopkins - BA
		Sheldon Tawkoyty - PC	Jacob Snodgrass - SS	Dalton Perry- Bx	Jacob Good - SA	Tanner Bare - SH	Jerrett Haley - SS	
			Scout Cawvey - SH	Josh Luckey - M	Isisah Bighead - SH	Noah Yazzie - BA	Seth Long - BA	
			Shane Simpson - BA	Dadrian WIlson - M	Dylan Argo - BA	Logan Hartman - BA	Javian Hester - BTW	
			Javian Hester - BTW	Josh Fincannon - SS	Jordan Skillens - BTW	John Benson - BTW	Javion Markham - BTW	
			Blake Seward - PC	Nicholas Hancock - SS	Ray Longoria - PC	Lennox Suneagle - PC	Eli Wohl - PC	
				Hunter Martin - SA		Ty Brien - PC	Ike Harris - PC	
				Sergio Garcia - SH			Travaughn Tipton - PC	
				Devon Fellows - BA			Nate Curfman - PC	
				River Riddle - BA			Cody Tate- BA	

			HONORAI	BLE MENTION	N BY POSITION			
Quarterba cks	Running Backs	Tight Ends	Wide Receivers	Offensive Linemen	Defensive Linemen	Linebacker s	Defensive Backs	Special Teams
		Trip Brown-Bx	Grant Dishman-Bx		Dylan Cruse-Bx		Caleb Parker- Bx	
			Alex Stadler-Bx		Tyren Robb- Bx		Corbin Steele-Bx	
			Stauler-BX		Kobe Lakin- Bx		Steele-Bx	
					Josh Adams- Bx			
					Bennie Nightengale- Bx			

# **2019 ACADEMIC ALL-CONFERENCE**

		3.5-4.0 (1 <sup>ST</sup> TEA	M) 45 Athletes		
Beau Bertelli	Barrett Daniel	Blake Hasselman	Connor Nolan	Jackson Rogers	Reis Vernon
Zach Blankenship	Owen DeWoody	Kaiden Hollinghead	Caleb Parker	Rodrigo Romero	Dylan Wilkerson
Joseph Brown	Grant Dishman	Trevon Holt	Tyler Parsons	Isaac Sherman	Mason Williams
Christian Burke	Tanner Doyle	Justice Jeffords	Cody Paschall	Blake Smith	Cameron Wilson
Carson Chambers	Stephen Dreyer	Noah Jones	Jake Prox	Preston Solomon	Kaden Wright
Ethan Clark	Vin Dyer	Kobe Lakin	Jack Puckett	Connor Stacy	Landon Lee
Mason Crawley	Isaac Gibson	Connor Nolan	Jordan Reagan	Corbin Steele	
Dylan Cruse	Brady Gresham	Camden McCrary	Karsten Rice	Chad Tinney	
	3.0- 3.4	49(HONORABLE	MENTION) 22 A	thletes	
Luke Creeger	Gage Lormer	Dalton Perry	Chandler Rogers	Caleb Townsend	Ethan Watkins
Brayden Darrell	Brady Neasby	Braylin Presley	Ky Roller	Mason VanPelt	Kobe Williams
Hudson Guiver	Mark Nichols	Brennan Presley	Brody Sartin	Macqeilen Ware	
Ian Lonsdale	Xavier Ortega	Luke Reynolds	Alex Stadler	Garrett Washington	



## Players of the Week

	Bixby 77 Mansfield Timberview 44											
Offensive Williams	Defensive Parsons	Big Play Presley	Big Hit Holt	Lineman Townsend	Special Teams Vernon	Practice Player Creeger	Practice Player Reagan					
					9 I							

	Bixby 57 Jenks 7											
Offensive Bra. Presley	Defensive Bre. Presley	Big Play Reagan	Big Hit Bre. Presley	Lineman Dreyer	Special Teams Hill	Practice Player Parker	Practice Player Jones					

	Bixby 72 Putnam City 0										
Offensive - Williams	Defensive - Reagan	Big Play - Creeger	Big Hit – Parker	Lineman - DeWoody	Special Teams – Bre. Presley	Practice Player - Parsons	Practice Player - Gibson				
				\$ 15 A							

	Bixby 54 Sapulpa 10											
Offensive - Creeger	Defensive - Chambers	Big Play – Doyle	Big Hit -	Lineman - Parsons	Special Teams – Bre. Presley	Practice Player - A. Hill	Practice Player - Parsons					
					5	9 L						

	Bixby 31 Tulsa Washington 0											
Offensive- Holt	Defensive- Daniel	Special Teams- Vernon	Big Play- DeWoody	Big Hit- Sartin	Lineman- Pascal	Practice Player- Burke	Practice Player- Romero					
				20		2.80	<b>Co.</b>					

	Bixby 49 Ponca City 3											
Offensive- Bra. Presley	Defensive- Daniel	Special Teams- Bra. Presley	Big Play- Stadler	Big Hit- Stacy	Lineman- Townsend	Practice Player- Lakin	Practice Player- DeWooody					
							5 L					

	Bixby 61 Bartlesville 14										
Offensive- Williams	Defensive- DeWoody	Special Teams- Blankenship	Big Play- Presley	Big Hit- Steele	Lineman- Tinney	Practice Player- Wright	Practice Player- Rice				
	3 II										

	Bixby 75 Sand Springs 0										
Offensive- Williams	Defensive- Sartin	Special Teams- Bra Presley	Big Play- Bre Presley	Big Hit- Chambers	Lineman- DeWoody	Practice Player- Bertelli	Practice Player- Smith				
	20 T				3 15 A		216				

Bixby 64 Shawnee 6								
Offensive- Bra Presley	Defensive- Holt	Special Teams- Solomon	Big Play- Bre Presley	Big Hit- Lakin	Lineman- Dreyer	Practice Player- Robb	Practice Player- Steele	

Bixby 63 Muskogee 21							
Offensive- Creeger	Defensive- Sartin	Special Teams- Solomon	Big Play- Holt	Big Hit- Williams	Lineman- DeWoody	Practice Player- Sherment	Practice Player- Wilkerson
	20			3 1 6	3 IS		10-10-1

Bixby 42 Midwest City 10							
Offensive- Bra Presley	Defensive- Bre Presley	Special Teams- Vernon	Big Play- Bre Presley	Big Hit- Daniel	Lineman- Tinney	Practice Player- Sherman	Practice Player- Doyle
		9 II					

Bixby 47 Del City 19								
Offensive- Bra Presley	Defensive- DeWoody	Special Teams- Stacy	Big Play- Creeger	Big Hit- Doyle	Lineman- Dreyer	Practice Player- Wilkershon	Practice Player- J. Reagan	
	3 II							





2019 CLUB 225							
Bear Daniel	Chandler Rogers	Jordan Reagan	Micah Pangburn	Wes Strand			
Alex Tuttle	Christian Brylewski	Josh Adams	Miles Hill	Wyatt Maxey			
Blake Smith	Cody Paschall	Justice Jeffords	Nick Wedel	Kam Wilson			
Braden Harris	Cole Conley	Luke Hasz	Owen DeWoody	Zach Blankenship			
Brady Gresham	Connor Stacy	Kobe Lakin	Grant Dishman	Blake Hassleman			
Brady Neasby	Dalton Perry	Kobe Williams	Ryan Potter	Jackson Rogers			
Brennan Presley	Drew Shortess	Braylin Presley	Stephen Dreyer	Alex Stadler			
Brody Sartin	Ethan Clark	Ky Roller	Stone Asher	Preston Solomon			
Caden Harris	Ethan Watkins	Levi Dunsmore	Tayte Walker	KadenHollingshead			
Caleb Parker	Hudson Guiver	Liam Sherment	Trevon Holt	Aiden Hill			
Caleb Townsend	Isaac Sherman	Luke Creeger	Trip Brown	Corbin Steele			
Carson Chambers	Jack Puckett	Macqeilen Ware	Troy Byrd				
Carter Mansur	Jackson Rogers	Mark Nichols	Tyler Harlan				
Chad Moore	Jaxson Crull	Mason Williams	Tyler Parsons				
Chad Tinney	Jersey Robb	Matt Doyle	Walker Hill				