

DHS Dance Team

Rules and Guidelines

Grades and Eligibility

- ❑ Durango School District 9R guidelines do not permit athletes to fail any class at any time during the school year.
If you are ineligible, you are still required to attend practice unless appointments have been arranged with teachers.

Attendance

- ❑ All athletes are required to participate in **ALL** scheduled practices and events. You are expected to be on time and present for the **entire** event and practice, unless prior arrangements with a coach have been made. Tardies and absences will result in additional conditioning and/or missed events.
- ❑ To excuse an absence or tardy from practice, **a parent or guardian** **MUST** call, text, or email your coach by **12:00pm** the day practice will be missed. Excused absences are limited to the following: Illness, religion, pre-approved church or school function.
- ❑ Absences will result in missed games, events, and/or competitions and will also be reflected in lettering and participation awards. This will be left to the discretion of the coaching staff.
- ❑ Student athletes must attend 50% of the school day in order to participate in a practice, game, or competition.
- ❑ If you are injured, you must get treatment from the trainer. If you are injured, you are still expected to attend practice so that you will not miss valuable information regarding game material, choreography, etc.

Practice and Event Requirements

- ❑ Athletes are to arrive 1 hour prior to the scheduled time for football and basketball games, and 30 minutes prior to all other games/events. You are expected to be on time and present for the **entire** game/event, unless prior approval has been made with your coach.
- ❑ Athletes should wear assigned practice clothes or game/competition attire outlined by their coaches to every practice, game, event, or competition. Athletes are also responsible for all equipment checked out. Fines will be assigned if equipment is lost or not returned.

- ❑ ***Cell phones should be turned off during all practices, games, and events.***

Financial Obligations

- ❑ All school fines must be paid to be eligible for games, competitions, and school assemblies/events.
- ❑ No refunds will be given at the end of the year due to a positive balance from fundraising.
- ❑ If you are removed from or choose to quit the team, you are responsible for payment of all items ordered. Deposits and fees are non-refundable for any reason.

Behavior and Conduct

- ❑ Athletes in the Demonette Dance Program will follow the rules and guidelines of Durango High School and the Durango 9R School District regarding behavior, drugs, and alcohol.
- ❑ P.D.A is prohibited while in uniform, practice clothing, warm ups or any other clothing or accessories that would represent or identify the Durango Dance program.
- ❑ Athletes are expected to show good sportsmanship at all practices and events. If you are being disruptive, rude, or disrespectful, you will be benched at the next scheduled event.
- ❑ Be proud to be a part of the Demonette Dance Program. You are hardworking athletes, so respect yourself and respect your fellow teammates. You are required to behave in an appropriate manner at all times, and we expect you to remember that you represent other people (teammates & coaches) who make up our program.

Social Media

- ❑ Athletes are held accountable for any inappropriate conduct on social media including inappropriate pictures, inappropriate language, confrontational postings, poor sportsmanship behaviors and negative comments directed towards teammates, coaches and/or competitors.
- ❑ Violations could result in missing the next game, event, or competition.

- ❑ All of the above include Snapchat, Twitter (including retweeting), Instagram, Facebook, TikTok and any other social media that is shared on any public forum.

Lettering/Participation Requirements

To be considered for a Varsity letter you must satisfy the following conditions:

1. An athlete must have completed a minimum of 90% of all scheduled games. **However, the athlete is expected to participate in all scheduled games.**
(Should a religious holiday conflict with a game, this will not hinder the athlete's percentage.)
2. An athlete must participate in **ALL** practices, games, competitions, school assemblies, and required team events.
3. In evaluating your commitment to: **Grades & Eligibility,
Attendance,
Practice & Game Requirements,
Behavior & Conduct,
Financial Obligations,**

Consideration for participation and/or a letter/certificate is under the full discretion of the coaching staff, and the coaching staff's decision is final.

If you want a lettermen jacket, please order it at the beginning of the season at Jostens.com

AS A MEMBER OF THE DEMONETTE DANCE PROGRAM, I UNDERSTAND MY RESPONSIBILITY AS AN ATHLETE PARTICIPATING AND REPRESENTING DURANGO HIGH SCHOOL AND THE CONSEQUENCES OF VIOLATING ANY OF THE RULES EXPLAINED IN THIS CONTRACT.

ATHLETE'S SIGNATURE _____ DATE _____

PARENT'S SIGNATURE _____

COACH'S SIGNATURE _____