

LINCOLN JUNIOR HIGH



Leopard Athletics

- * A current physical is required prior to tryouts.
- * Physicals and all paperwork will be collected via DragonFly. You can use the DragonFly Max app and enter school code CQ98K4 or go use this [link](#) to create an account and upload your physical. Information about DragonFly is on the back of this sheet.
- * All tryouts are closed to the public.

2022-2023

FOOTBALL

Coach: Josh Schluterman jschluterman@bentonvillek12.org

Spring practices will begin after track season.

8th team (current 7th): 6-8 dates after school, starting in late April.

7th team (current 6th): 2-4 dates after school, starting in May.

We will have a virtual parent meeting in early April. We will share details via Remind.

Current 6th graders please sign up for our Remind to receive updates. <https://www.remind.com/join/ljhsfb22-7> or text @ljhsfb22-7 to 81010.

Current 7th grade Remind will roll over to 8th grade.

BASKETBALL – BOYS

Coach: Alex McKnight amcknight@bentonvillek12.org

Email Coach McKnight to get on the basketball tryout list

7th grade Tryouts (current 6th grade)

March 29th/30st (4:00 - 6:00 pm)

Potential additional tryout Tuesday, April 5th (4:00 - 6:00 pm)

8th grade Tryouts (current 7th grade)

TBD

BASKETBALL – GIRLS

Head Coach: Renae Nelson rnelson@bentonvillek12.org

Assistant Coach: Casey Hicklin chicklin@bentonvillek12.org

Email Coach Hicklin to get on girls' basketball tryout list

7th grade Tryouts (current 6th grade)

April 19 & 21 (4:30 pm - 6:00 pm)

8th grade Tryouts (current 7th graders)

May 9, 10, and 12 (During seminar period/RTI signups)

Cross Country

Head Coach: Taylor Surly tsurly@bentonvillek12.org

Starting July 11th, practices will be every Monday/Thursday from 7:00 - 8:00 am at LJHS.

Bentonville Jr High Running Camp: August 1st-4th at Orchard's Park (7:00 - 10:00 am)

Athletic Physical Form (LINK)

CHEER

Cheer Coach: Sarah Jones

sajones@bentonvillek12.org

Mandatory informational meeting on Wednesday, February 16th (5:30 pm) at LJHS

Cheer Tryouts: March 31 (scheduled by appointment) at BHS

DANCE

Dance Coach: Wende Willbanks

wwillbanks@bentonvillek12.org

Mandatory informational meeting on Wednesday, February 16th (5:30 pm) at LJHS

Dance Tryouts: April 1st (5:30 pm) at BWHS

Volleyball

Coach: Michelle Deitering Hill

mdeiteringhill@bentonvillek12.org

7th grade Tryouts (current 6th grade)

April 20 (4:00 - 6:00 pm)

8th grade Tryouts

April 21-22 (1:20 - 2:10 pm)

Move-Ins

By Appointment Only

Mandatory Practices start on July 11th. Please sign up for Remind to receive updates. Text @ljhsvb22 to 81010

TRACK

Boys Coach: James Wilson

jameswilson@bentonvillek12.org

Girls Coach: Michelle Deitering Hill

mdeiteringhill@bentonvillek12.org

Track practice begins in December. We do not practice after school. Practices are in the mornings 6:30-8:00 M-TH, during the athletic periods, and weekends.

GET STARTED WITH DRAGONFLY



DragonFly makes sports and activities more organized with easy-to-use digital forms, health records and team communication tools.



PARENTS & STUDENTS

- 1 Download the DragonFly MAX app from the App Store or Google Play.
- 2 Tap 'Get Started' and 'Sign Up for Free' then follow the prompts to create your Parent account with your own email address.
Note: please do not create an account with your child's name or contact information - you will get the chance to add your child soon!
- 3 Verify your account with the verification ID sent to your email address.
- 4 Tap 'Connect to your school' to select 'Parent' as your role and search for your child's school.
- 5 After selecting your child's school, tap 'Join' to request access. An administrator at your school will approve your request.
- 6 Tap 'Set up your children' and follow the prompts to add your kid(s) and fill out their participation forms.



ATHLETIC DIRECTORS, COACHES & SCHOOL ADMINISTRATORS

- 1 Visit dragonflymax.com and click the 'Log In/Sign Up' button.
- 2 Click 'Sign Up for Free' to create your account with your school email address.
- 3 Verify your account with the verification ID sent to your email address.
- 4 Click the 'Get Started' button to select your role and search for your school.
- 5 After selecting your school, tap 'Join' to request access. You will see a list of administrators at your school who can approve your request. If you're the first person to request access to your school, a member of the DragonFly team will verify your role and approve your request.

PREFER TO DO THIS ON YOUR COMPUTER?

Visit dragonflymax.com and click 'Log In/Sign Up' to get started.