

# **Cabot Panthers**



**Athletic Information Guide**  
**Athlete Code of Conduct**  
**Consent Forms**  
**2023-2024**

## FOREWORD

The Cabot Panther Athletic Information Guide is presented to you because you have indicated a desire to participate in the athletic program at the Cabot School District. This guidebook also serves as a consent for parents who have expressed a willingness to permit your child to participate. Participation in interscholastic sports provides a wealth of opportunities and experiences which assist students in personal growth and maturation.

As educators, coaches, and administrators, our goal is to organize and administer a broad-based athletic program that will allow students with athletic interest an opportunity for safe participation in sports of their choice. Our programs will provide experiences that enhance each student's growth and maturity academically, socially, and physically. The Cabot athletic program will also serve as a source of pride for participants, our school district, and our community.

Our district is committed to providing:

1. An opportunity to earn a roster position through a tryout process of at least 3 days.
2. Top notch equipment and facilities.
3. Well trained coaches.
4. Access to certified athletic training staff.
5. Equalized competition.
6. An atmosphere of fairness and sportsmanship through competition.

Likewise, as a student-athlete or parent, you must commit to a standard of conduct and effort that exemplifies the fulfillment of certain responsibilities and expectations of the proud tradition of the Cabot Panther Athletic Program. While this guidebook merely serves as an overview and does not attempt to cover every situation that could arise, it is our hope that through this Information Guide, our students and parents will have a better understanding of these responsibilities.

Many other policies and procedures are covered in the Cabot Public Schools Student Handbook and are applicable to all students.

## REQUIREMENTS FOR PARTICIPATION

1. **Physical examination and all required forms** completed and on file in the athlete's Dragonfly account.
2. **Proof of Insurance** on file in the athlete's Dragonfly account.
3. All **eligibility requirements** have been satisfied as established by the Arkansas Activities Association.
4. Off-season participation may be required to participate in specific sports.
5. **Signed confirmation and consent** forms housed on Dragonfly
  - a. **CPS Athletic Department Athletic Consent form**
  - b. **CPS Student & Parent Acknowledgment and Consent to, Cabot School District Athlete Code of Conduct form**
  - c. **Drug Testing Consent form** (Grades 10-12 only)
  - d. **Arkansas Activities Association Sudden Cardiac Facts form**

## **CABOT SCHOOL DISTRICT ATHLETE CODE OF CONDUCT**

Student athletes must commit to a high standard of conduct that exemplifies the fulfillment of certain responsibilities and expectations of the proud tradition of the Cabot Panther Athletic Program. This Code is not intended to be a complete list of undesirable conduct by athletes. Cabot School District athletes are considered to be examples and role models and expected to act accordingly during their school career. Any student-athlete whose conduct is found to be a discredit or to cause unfavorable notoriety to the athlete, the team, or the Cabot School District during their school career, may be subject to disciplinary action as determined by the coach, Athletic Director, or principal, whether or not the conduct is specifically described in the Athlete Code of Conduct.

The Cabot School District Athletic Program is a member of and governed by the Arkansas Activities Association (AAA). Athletes are expected to maintain all AAA eligibility requirements as stated in Article III (Eligibility) of the AAA Handbook. The AAA standards are found at [www.ahsaa.org](http://www.ahsaa.org).

The mission of the Cabot School District Athlete Code of Conduct is to set expectations for student athlete conduct (365 days a year) that encourages behaviors that bring honor to the athlete, the team, the athletic program, the school and the community. Being a member of the District athletic program is a privilege. Coaches, under the supervision of the Athletic Director, set rules, regulations, and expectations in which athletes that participate are expected to comply. The Cabot School District Athletic Department will use a discipline process that implements different levels of consequences determined by the incident and circumstances. While some infractions fall under Cabot Public Schools Student Handbook policies, there may be consequences in addition to student handbook consequences.

The range of consequences are as follows:      **Minimum - Conference with Student**  
  **Maximum - Removal from Athletic Program**

**Level 1 Infractions** result in a conference between the coach and athlete. Coaches will determine consequences for Level 1 Infractions.

Examples of Level 1 Infractions (but not limited to)

- Violation of individual team rules set by the coach
- Unexcused absences from practice and/or school
- Failure to bring practice gear/game gear
- Violation of team dress code
- Disrespectful attitude/behavior toward coaches or teammates
- Violation of social media acceptable use practice\*
- Disruptive behavior during school, practice, games, or other activities
- Minor academic eligibility concerns

**Level 2 Infractions** result in a conference with parent, athlete, and coach. Coaches will determine consequences of Level 2 Infractions.

Examples of Level 2 Infractions (but not limited to)

- Repeated violations of Level 1 Infractions
- Repeated violations of Level 1 social media infractions\*
- Academic issues that could affect eligibility
- Bullying/harassment/slander/hazing of teammates or coaching staff
- In-school suspension

***Repeated Level 1-2 violations will be considered a demonstration of lack of desire of the student athlete to be a member of the Athletic Program. These repeated violations will result in consequences set by the coach, with the maximum consequence being removal from the Athletic Program.***

**Level 3 Infractions** result in a conference between parent, athlete, coach, and athletic director (if the student is a junior high student, the head coach of the high school program may also be involved in the conference). Consequences of Level 3 Infractions may include temporary removal from the team, as determined by the athletic director. Before an athlete can be reinstated they may be required to complete one or more of the following: 1) A minimum of 2 hours or up to 24 hours of community service 2) Participate in a conference with a school counselor, administrator, or with the coach and athletic director 3) Complete additional team/athletic consequences, such as extra-conditioning, as determined by the coach.

Examples of Level 3 Infractions (but not limited to)

- Out of school suspension
- Violation of tobacco/vaping policy\*\* (Athletes that self-report will receive a reduction of community service.)
- Serious violation of the social media acceptable use practice\*
- Bullying/harassment/slander of teammates or coaching staff

**Level 4 Infractions** result in a conference between parent, athlete, coach, and athletic director (if the student is a junior high student, the head coach of the high school program may also be involved in the conference). Athletes will be removed from the Cabot Public Schools Athletic Program for up to 365 days at the athletic director's discretion.

Examples of Level 4 Infractions

- Repeated violations of Level 3 Infractions
- Use, distribution, or possession of drugs or alcohol at AAA sanctioned events including school, any school event, practice, and games. This infraction falls under the student handbook Drugs and Alcohol (4.24) and will be directly referred to the building administrator for additional discipline according to the student handbook.\*\*
- Athletes who are placed in ALE will not be allowed to practice, dress out, or play in any contest during the ALE placement. After the athlete returns from the ALE placement, he/she may

practice and dress out for the following two weeks but may not play in any contest during that time.

### **APPEALS PROCESS**

The Cabot School District Athlete Code of Conduct is a School Board adopted policy. The procedure for student/parent/guardian appeal shall be in the following order:

1. Coach
2. Athletic Director
3. Principal
4. Superintendent

### **\*SOCIAL MEDIA ACCEPTABLE USE PRACTICE**

An Acceptable Use Practice (AUP) must be maintained when using social media to post pictures, blogs, emails, text messages, or videos.

The purpose of the Cabot School District Athletic Department Social Media AUP is to encourage student athletes to bring honor to the team, the athletic program, the school, and the community and to prevent any form of harassment of any student or faculty/staff member that causes a distraction to the school or athletic program. The unacceptable use of online social networks such as derogatory language about any member of the Cabot Schools community and/or its stakeholders, threats that are demeaning to third parties, any incriminating photos or statements and inappropriate behavior will be subject to disciplinary action by the coach, athletic director, building administrator and/or district administrator if they gain knowledge of such actions.

**A level 1 or 2 INFRACTION: Athletes should not post negative or slanderous comments about peers, teammates, opponents, the school district, or their teachers/coaches that cause a disruption to a teammate, the team, or the athletic program.**

**A level 3 or 4 INFRACTION: Members of the athletic program should not be associated with posts involving tobacco/vaping, drugs, alcohol, or sexual content.**

In addition, all social media infractions that cause a disruption to the educational setting shall fall under student handbook policy **Disruption of School (4.20)** and/or **Prohibited Conduct (4.18)**, and the infraction will be directly referred to the building administrator, which will also include discipline according to the student handbook.

### **\*\*TOBACCO / VAPING / DRUGS / ALCOHOL**

Athletes who violate the student handbook policies **Tobacco and Tobacco Products (4.23)**, **Drugs and Alcohol (4.24)** and/or **Drug Testing Policy (4.24.1)** will follow procedures and consequences based on the student handbook, as well as Code consequences.

### **ARREST / CRIMINAL CHARGES / CONVICTION OF A CRIME**

When the District receives official notification that an athlete has been arrested and/or charged with a felony, regardless of whether the alleged offense occurred on or off school grounds, the athlete will be indefinitely suspended from all athletic activities pending disposition of the charge(s). In order to be reinstated to athletic activities, the athlete's parent or guardian (or the athlete if the athlete is over

eighteen (18) years of age) must provide an official, final disposition of the charge(s) to the athletic director. If an athlete is convicted of a criminal act that is a felony, the athlete will, at a minimum, be dismissed from athletics for one calendar year.

When the District receives official notification that an athlete has been arrested and/or charged with a misdemeanor, or is convicted of a misdemeanor, regardless of whether the offense occurred on or off school grounds, the athletic director may suspend the athlete from any or all athletic activities indefinitely or for a definite period of time. In order to be reinstated to athletic activities, the athlete's parent or guardian (or the athlete if the athlete is over eighteen (18) years of age) must provide an official, final disposition of the charge(s) to the athletic director. Depending on the nature of the conviction and its related circumstances, the athlete will have a minimum of a Level 3 Infraction.

Date Adopted: May 16, 2017

Last Revised: July 18, 2023

## **TRAINING RULES AND REGULATIONS**

### **DRUGS, ALCOHOL, AND TOBACCO / VAPING**

It is the overwhelming opinion of health educators and coaches that athletes perform best when they follow intelligent training rules which include restrictions on the use of tobacco/vaping, alcohol, and drugs. Medical research clearly substantiates the fact that the use of tobacco/vaping, alcohol and any type of mood modifying substances produces harmful effects.

The coaches of the Cabot School District, concerned with the health habits of student athletes, are convinced that athletes and the use of these substances are not compatible. It is also a fact that when students have a strong interest to participate in athletics, their desire to use these substances is greatly reduced.

As stated in the CPS Student Handbook ([www.cabotschools.org](http://www.cabotschools.org)) **Mandatory Student Drug Testing Policy (4.24.1)**, athletes in grades 10-12 **MUST** consent to Mandatory Random Drug Testing.

There will be NO tolerance for the use of tobacco/vaping, alcohol, or other drugs. Violation of this rule will result in disciplinary action as outlined in the **CPS student handbook**, as well as the Cabot School Board adopted **Athlete Code of Conduct**. **Coaches may take additional disciplinary action that could result in dismissal from the team.**

**The Cabot Athletic Department supports the position statement from the NFHS Sports Medicine Advisory Committee regarding the use of supplements:** *The NFHS SMAC strongly opposes the use of supplements by high school athletes for performance enhancement, due to the lack of published, reproducible scientific research documenting the benefits of their use and confirming no potential long-term adverse health effects with their use, particularly in the adolescent age group. Dietary supplements should be used only upon the advice of one's health care provider for health-related reasons – not for the purpose of gaining a possible competitive advantage. School personnel and coaches should never recommend,*

*endorse or encourage the use of any dietary supplement, drug, or medication for performance enhancement.*

## **ABSENCES**

Athletes should not participate in athletics on a day they have been absent from school without prior approval from the head coach and building principal.

## **COMPLIANCE**

Specific programs within the Cabot Athletic Program will set rules, regulations, and expectations in addition to items stated in this Information Guidebook and the Athlete Code of Conduct. Athletes that participate in these sports are expected to comply. By signing the consent forms in this guidebook, you are agreeing to the rules, regulations and expectations set forth by the coach. These rules may or may not be in writing but will be clearly communicated.

## **VIOLATIONS**

The importance of enforcement of all regulations in this book and the Athlete Code of Conduct should be apparent. A firm and fair policy of enforcement is necessary to achieve the goals and objectives of the program. The school, administrators, coaching staff, alumni, and community feel strongly that high standards of conduct and citizenship are essential to maintaining a sound program of athletics. It is our intent to preserve these rules which reasonably pertain to the health and safety of the players. The welfare of players is our main consideration.

In the event an athlete fails to comply with these necessary standards, it will be interpreted by the coaching staff as an indication that the athlete does not have sufficient desire to participate in the interscholastic athletic program; therefore, the athlete will be denied the privilege of participating until such time he or she can prove this desire.

# **ATHLETIC DEPARTMENT POLICIES**

## **ATHLETIC PARTICIPATION**

- The philosophy of the Cabot Athletic Program is to provide a broad-based program that will allow students with athletic interest an opportunity to participate in the sports of their choice.
- **The head coach in each sport has complete discretion as to who plays, how long they play, and under what circumstances they play or do not play.**
- **Head coaches have complete discretion as to setting the tryout period (a minimum of 3 days of tryouts is required) and the parameters in which the team selection is made.** This includes the number of players selected and the evaluation criteria. Coaches of certain sports may require players to complete the previous off-season period in order to qualify for a tryout opportunity. Coaches SHALL set closed tryout sessions in which only students who are trying out, coaches, and administrators are permitted entry into the venue. Coaches are not required to grant additional tryout opportunities for missed dates. Coaches may consider extenuating circumstances and allow a tryout make-up opportunity. If a tryout make-up opportunity is granted, the coach will use the same evaluation criteria as other athletes; however, the coach is not required to grant 3 days of evaluation.

- Students will be encouraged by the coaching staff to participate in any sport they desire. Multi-sport athletes may begin attending practice in the upcoming sport season upon the completion of the previous sport final event of the season.

### **DROPPING AND TRANSFERRING SPORTS**

- A student who drops a sport may not rejoin the team until the next tryout period. *Exceptions will be granted for reasons deemed worthy of appeal.*
- An athlete who quits a sport is not allowed to participate in another sport without the consent of both coaches involved or until the season of the sport he/she quit has ended.

### **EQUIPMENT**

- School equipment issued to a student athlete is the athlete's responsibility. Each athlete is expected to keep it clean and in good condition. Loss of any equipment is the athlete's financial obligation. Remittance will be determined by replacement costs.

### **MISSING PRACTICE**

- Athletes should always communicate with their coach prior to missing any practice or team activity. Practice attendance is an expectation and requirement for continued participation in the program. Emergencies will occur from time to time that prevent notification of absence prior to occurrence but every effort should be made to notify the coaching staff. Some sports require practices or contests that take place during school breaks. If such events should occur, coaches will give advanced prior notice so families have ample time to plan.

### **TRAVEL**

- All athletes must travel to and from athletic contests in transportation provided by the athletic department. If a parent/guardian would like to provide transportation from an athletic contest for his/her athlete, he/she may sign out the athlete with the coach at the event. If an athlete needs to ride home with another family, a STUDENT ATHLETE TRAVEL RELEASE FORM must be signed by the athlete's parent/guardian and witnessed by the head coach, a building administrator, or their designee. Preferably, this form should be completed a minimum of 24 hours in advance of the departure time for travel to the contest. However, in extenuating circumstances, a parent/guardian may contact the head coach to explain the situation and the head coach may sign the form on behalf of the athlete's parent/guardian after receiving verbal authorization.
- Athletes will remain with their squad and under the supervision by their coach when attending away games and events.
- All regular school bus rules will be followed, including those pertaining to food, noise, remaining in seats, and care and respect for equipment.

### **COLLEGE RECRUITMENT POLICY**

- The Cabot Athletic Department and our coaches will work with college coaches to provide them the information and material needed for a complete evaluation. Our staff does not make decisions regarding who gets recruited or offered scholarships. We have multiple college coaches that evaluate Cabot athletes in all sports every year. Ultimately, it is their decisions as to who they recruit.



## **COLLEGE SIGNINGS**

- College signings are a proud moment for the Cabot Athletic Department, the Cabot School District, and the community. If your child is committing to playing sports for a college, please refer to the information on our webpage: <http://www.cabotschools.org/panther-pride/college-signing-information> or you may contact the athletic office at (501) 743-3530.

## **INJURIES/ILLNESS/NOTIFICATIONS**

- In effort to provide safe participation in all athletic activities, it is of the utmost importance that our coaches and athletic training staff be informed of all injuries or illnesses, no matter how minor. Please provide timely notices of any doctor's orders or recommendations pertaining to participation.

## **CONFLICTS IN EXTRACURRICULAR ACTIVITIES**

- School-sponsored events, practices, and activities will have priority over non-school activities.
- During school practices and competitions, only school district coaching staff members shall be on the field/court providing feedback/evaluations on your performance. All parents, spectators, and other "league" coaches will be asked to exit the playing area.
- An individual student who attempts to participate in too many extra-curricular activities will, undoubtedly, be in a position of conflict of obligations.
- Coaches recognize that each student should have the opportunity for a broad based range of experiences in the area of extra-curricular activities; and to this end, will attempt to schedule events in a manner so as to minimize conflicts.
- Students have the responsibility to do everything they can to avoid continuous conflicts. This would include being cautious about participating in too many activities.
- When conflicts do arise, coaches will do their best to work out a solution. If it becomes obvious that a student cannot fulfill the obligation of a school activity, the student should withdraw from that activity.

## **SPORTSMANSHIP**

- Sportsmanship is a conduct exhibited toward opponents, officials, coaches, and fans that shows fairness, courteousness and graceful acceptance of results. It is characterized by a genuine concern for others. Sportsmanship is a cornerstone for the continuation of school based sports. It is our goal that Cabot teams, parents, and fans lead the way by displaying good sportsmanship at all times.

## **DEALING WITH ISSUES AND CONCERNS**

The following procedures should be followed in reporting an issue or concern:

1. **Contact the coach who had direct supervision** of the athlete at the time. If satisfactory resolution of the complaint is not made, then
2. Contact the **head coach** of the sport in which the athlete was participating. If satisfactory resolution of the complaint is not made, then

3. Contact the **Athletic Director** of the Cabot School District. If satisfactory resolution of the complaint is not made, then
4. Contact the **Building Principal** of the school. If satisfactory resolution of the complaint is not made, then
5. Contact the **Superintendent** of the Cabot School District.

## **CABOT PANTHER ATHLETIC EVENTS**

### **Admission Prices:**

All gate prices are the same price for adults and students kindergarten and up:

- High School Varsity Events \$ 5.00
- JV/B Events \$ 5.00
- Junior High Events \$ 5.00
- 7th Grade Events \$ 5.00

**Cabot Panther Super Booster Pass** \$ 100.00

**Cabot Panther Family Booster Pass** \$ 250.00

*This pass is for a family of 4 (school age and up). Immediate family only, living in the same household. Any additional student passes will be \$ 25.00 and must be ordered at the same time. Separate passes will be issued for each family member. **Picture ID and pass are required at the time of event entry.***

**Student Pass** \$ 50.00

**Student Athlete Pass** \$ 25.00

*Any student enrolled in a sport, ROTC, or band - 7 - 12th grades*

**\*\*All passes are good for home events only and may not be used for benefit or AAA events**

Passes may be purchased at the Athletic Office on the 3rd floor of the Fieldhouse from 8 am - 3 pm, August 15th through September 16th. Advance home tickets may be purchased online at [vancoevents.com](http://vancoevents.com).

### **Athletic Department**

Location: Cabot High School Campus, 3rd Floor Field House

Office: (501) 743-3530 Fax: (501) 941-2138



Follow **@CabotAthDept** for department updates or <http://www.cabotschools.org/panther-pride>  
Download the **NIAAA App** (by Mascot Media) via Itunes or Google Play to follow Panther Athletic Teams.

## **EVENT RULES & REGULATIONS FOR SPECTATORS**

***"The ideals of good sportsmanship, ethical behavior, and integrity should permeate all interscholastic athletics in our community. In perception and practice, good sportsmanship shall be defined as those qualities of behavior which are characterized by generosity and genuine concern for others. Our athletic fields should be the laboratory to produce good citizens reflecting fair play in every area of life."***

### ***The Case for Sportsmanship - Arkansas High School Sports & Activities Association***

Sportsmanship is a conduct exhibited toward opponents, officials, coaches, and fans that shows fairness, courteousness and graceful acceptance of results. It is characterized by a genuine concern for others. Sportsmanship is a cornerstone for the continuation of school based sports. It is our goal that Cabot teams, parents, and fans lead the way by displaying good sportsmanship at all times.

The Cabot School District Athletic Program is governed by rules and regulations set forth by the Arkansas Activities Association, as well as policies and procedures set forth by the Cabot School Board. The Cabot Athletic Department strives to provide a safe environment in which students, coaches, and game officials can participate in interscholastic sports competition in a positive and supportive manner. Any student, student athlete, employee, parent, or spectator may be asked to leave a Cabot Athletic Program event if the event administrator or security personnel have a reason to believe the person's behavior is causing a substantial disruption to the athletic contest or to those attending the contest.

To ensure that all rules, regulations, procedures, and policies for safe and orderly athletic event administration:

- Outside FOOD or BEVERAGES (including water) may NOT be brought into event venues
- No pets are permitted inside event venues. Service animals specifically trained to aid a person with a disability are permitted.
- All spectators must remain in the designated home/visitor areas. Non participants will not be allowed on the playing surface/area/court/field.
- Noisemakers of any kind are prohibited.
- Face paint that inhibits the ability to identify a person.
- No re-entry into events
- The use of tobacco/vaping products on any district campus is prohibited. This includes all district parking lot areas.

### **Events Suspended/Canceled Due to Inclement Weather**

The Arkansas Activities Association sets specific guidelines and procedures for inclement weather. The purpose of these guidelines/procedures are for the safety of all participants, officials, and spectators. Game officials, the athletic training staff, and the administrator on duty MUST follow these guidelines for suspension of and resumption of play.

**Save your ticket stub.**

Announcements will be made on the PA system with notification/updates of weather events. Please heed these announcements for your safety and the safety of event staff.

**Events that are made up on a different date:** Ticket stubs will be honored on the make up date.

**Events that are canceled and will not be made up:** The administrator on duty has discretion as to if a refund will be made.

*Please understand that in these scenarios, the district still incurs event administration expenses regardless of if the contest is completed or not (officials, workers, utilities, consumables, etc.).*

## **FORMS**

- I. Cabot Public Schools Athletic Department Athletic Consent Form**
- II. Student Acknowledgment and Consent to, Cabot School District Athlete Code of Conduct AND Parent Acknowledgment and Consent to, Cabot School District Athlete Code of Conduct**
- III. Consent to Mandatory Drug Testing (grades 10-12 only)**  
(Policy can be found at [www.cabotschools.org](http://www.cabotschools.org) under the student tab)
- IV. Infraction Form**

# Cabot Public Schools Athletic Department Athletic Consent Form

I hereby give my consent for \_\_\_\_\_ (student name) to compete in interscholastic sports, participate in related practice sessions and to travel with the team/coach for such functions. I acknowledge that even with proper instruction and supervision, proper use of equipment and strict observance of the rules, injuries and accidents are still a possibility. I understand that the Cabot School District or its employees will not be liable if an injury or accident occurs. I also acknowledge and I understand the inherent risks of injuries, impairment, and/or death associated with participation in school athletic activity.

I give my consent for treatment at the best medical facility available in case of injury, accident or illness. I understand that I am required to have Primary Insurance coverage. The Cabot School District has purchased Blanket Interscholastic Coverage for all participants. This policy provides secondary or supplemental coverage to students actively engaged in the play or practice of activities sponsored by the Arkansas Activities Association. Claims must be made within 30 days of the accident. I understand that the Cabot School District will not be responsible for payment of any medical bill that the family's personal policy or the district's athletic insurance does not pay. I also agree to be responsible for the return of any athletic equipment issued to the above named student in quality condition.

**Did the student/athlete attend Cabot Public Schools for the entire previous school year? \_\_\_Yes \_\_\_No**

**Does the student currently reside in the Cabot School District with the parent(s) that has/have legal primary custody of the student? \_\_\_ Yes \_\_\_No**

Address of parent(s) that has legal primary custody of the student:

Name: \_\_\_\_\_ Address: \_\_\_\_\_

I have read the Cabot Athletic Information Guidebook and do hereby agree to comply and follow the guidelines set forth in order to participate in Cabot School District Athletics.

**I ACKNOWLEDGE THAT I HAVE READ AND UNDERSTAND THE ABOVE STATEMENTS AND HAVE ANSWERED THE ABOVE QUESTIONS TRUTHFULLY.**

\_\_\_\_\_  
Signature of Parent/Guardian Date

\_\_\_\_\_  
Signature of Student Athlete Date

***This form must be signed and completed on the student-athlete's Dragonfly account before an athlete may participate in any athletic activity (including practice).***

## STUDENT ACKNOWLEDGMENT OF, AND CONSENT TO, THE CABOT SCHOOL DISTRICT ATHLETE CODE OF CONDUCT

I \_\_\_\_\_ (student-athlete), on the date of \_\_\_\_\_ have read the Cabot School District Athlete Code of Conduct, including the Social Media AUP statement. I understand that my participation in Cabot Athletics is contingent upon fulfilling the expectations set forth by my coach and this Code of Conduct. I also understand that violations of any of the Level 1-4 Infractions of the Code of Conduct or any violation of the Social Media AUP may result in consequences that could be detrimental to my participation in athletics.

**Minimum consequence: Conference with coach**

**Maximum consequence: Removal from athletic program for 365 days**

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Student signature

## PARENT/GUARDIAN ACKNOWLEDGMENT OF, AND CONSENT TO, THE CABOT SCHOOL DISTRICT ATHLETE CODE OF CONDUCT

I \_\_\_\_\_ (parent/guardian), on the date of \_\_\_\_\_ have read the Cabot School District Athlete Code of Conduct, including the Social Media AUP statement. I understand that my child's participation in Cabot Athletics is contingent upon fulfilling the expectations set forth by his/her coach and this Code of Conduct. I also understand that violations of any of the Level 1-4 Infractions of the Code of Conduct, or any violation of the Social Media AUP may result in consequences that could be detrimental to my child's participation in athletics.

**Minimum consequence: Student conference with coach**

**Maximum consequence: Removal from athletic program for 365 days**

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Parent/Guardian signature

***This form must be signed and completed on the student-athlete's Dragonfly account Coach before an athlete may participate in any athletic activity (including practice).***

# Drug Testing for Extracurricular Activities

I understand that my performance as a participant and the reputation of my school are dependent, in part, on my conduct as an individual. I have read and understood the contents of the Cabot Public Schools Drug Testing Policy. I hereby agree to accept and abide by the policies, standards, rules, and regulations set forth by the Cabot Public School Board and the sponsors for the activity in which I participate.

I also authorized Cabot Public Schools to conduct a breath scan or urinalysis to test for drugs and/or alcohol use. I also authorize Cabot Public Schools to conduct random tests during the current school year. I authorize the release of information concerning the results of such a test to Cabot Public Schools and to the parents and/or guardians of the student.

Permission to participate in Random Drug Testing

This shall be deemed consent pursuant to the Family Education Right to Privacy Act for the release of above information to the parties named above.

\_\_\_\_\_  
**Student Printed Name**

\_\_\_\_\_  
**Signature**

\_\_\_\_\_  
**Grade**

\_\_\_\_\_  
**Legal Parent/Guardian Printed Name**

\_\_\_\_\_  
**Signature**

\_\_\_\_\_  
**Date**

***This form must be signed and completed on the athlete's Dragonfly account before an athlete may participate in any athletic activity (including practice).***



# INFRACTION FORM

This form must be completed by the staff member responsible for addressing every Level 2, Level 3, or Level 4 Infraction and submitted to the Athletic Director's office as soon as possible.

Date: \_\_\_\_\_

Printed Name of Staff Member Completing Form: \_\_\_\_\_

Printed Name of Athlete: \_\_\_\_\_

Infraction Level (circle one):    2    3    4

Description of behavior/infraction: \_\_\_\_\_

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Consequence(s) given: \_\_\_\_\_

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\_\_\_\_\_  
Signature of Coach / Athletic Director

\_\_\_\_\_  
Signature of Athlete

Method Used to Communicate with Parent/Guardian (in person, email, phone):

\_\_\_\_\_

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Date received in Athletic Director's Office: \_\_\_\_\_