

BRENHAM FOOTBALL WEEKLY SCHEDULE

March 24th-28th

Pay Attention To HUDL And Mascot Media APP For Any Changes

Monday 3/24

Group 1	6:00 AM	Doors Open
	6:30 AM	Run
	7:15 AM	Done
	7:45 AM	First Period Begins
	11:33 AM	Dressed and in Weight Room
	12:20 PM	Lunch
Group 2	6:00 AM	Doors Open
	6:30 AM	Lift
	7:20 AM	Dynamic Stretch
	8:10 AM	Done
	8:35 AM	2nd Period Begins

Tuesday 3/25

Group 1	6:00 AM	Doors Open
	6:30 AM	Lift
	7:15 AM	Done
	7:45 AM	First Period Begins
	11:33 AM	Dressed and in Stretch Lines On Field
	12:20 PM	Lunch
Group 2	6:00 AM	Doors Open
	6:30 AM	Dynamic Stretch
	7:25 AM	Lift
	8:10 AM	Done
	8:35 AM	2nd Period Begins

Wednesday 3/26

Group 1	6:00 AM	Doors Open
	6:30 AM	Run
	7:15 AM	Done
	7:45 AM	First Period Begins
	11:33 AM	Dressed and in Weight Room
	12:20 PM	Lunch
Group 2	6:00 AM	Doors Open
	6:30 AM	Lift
	7:20 AM	Dynamic Stretch
	8:10 AM	Done
	8:35 AM	2nd Period Begins

Thursday 3/27

Group 1	6:00 AM	Doors Open
	6:30 AM	Lift
	7:15 AM	Done
	7:45 AM	First Period Begins
	11:33 AM	Dressed and in Stretch Lines On Field
	12:20 PM	Lunch
Group 2	6:00 AM	Doors Open
	6:30 AM	Dynamic Stretch
	7:25 AM	Lift
	8:10 AM	Done
	8:35 AM	2nd Period Begins

Friday 3/28

Group 1	7:45 AM	First Period Begins
	5th Period	Report to Kruse Field House
	12:20 PM	Lunch
Group 2	7:30 AM	Report to Kruse Field House

HOME OF THE CUBS

#FOR THE BRAND

Brenham High