

2022 Thanksgiving Playoff Practice Schedule

Monday		Wednesday	
Varsity		Varsity	
8:30 AM	Doors Open(Cub Stadium)	8:30 AM	Doors Open(Cub Stadium)
9:00 AM	S.T. Meeting	9:00 AM	S.T. Meeting
9:25 AM	Film	9:25 AM	Film
10:00 AM	Dynamic Strech	10:00 AM	Dynamic Strech
10:05 AM	Start Practice	10:05 AM	Start Practice
12:05 PM	Special Teams	12:05 PM	Special Teams
12:15:00 PM	Go Home	12:15:00 PM	Go Home
Tuesday		Thursday	
Varsity		Varsity	
8:30 AM	Doors Open(Cub Stadium)	8:30 AM	Doors Open(Cub Stadium)
9:00 AM	S.T. Meeting	8:35 AM	Thanksgiving Breakfast
9:25 AM	Film	9:15 AM	Dynamic Strech
10:00 AM	Dynamic Strech	9:20 AM	Kick the Field
10:05 AM	Start Practice	10:20 AM	Off the Field
12:05 PM	Special Teams		
12:15:00 PM	Go Home		
Friday: BE IN THE FIELD HOUSE AT NOON!!!!			