



D-1 YOUTH TRAINING CAMP

6TH GRADE TO 8TH GRADE

Dates: June 3-6, June 10-13, June 17- 20, June 24-27
July 8-11, July 15-18, July 22-25, July 29-August 1

Time: 2:00 p.m. to 3:00 p.m.

Location: Anna High School Indoor Facility

Cost: 4 installments of \$87.50

To register use the [link](#) below.

<https://clients.mindbodyonline.com/classic/ws?studioid=501970&stype=41&sTG=25&prodId=103374>

The Developmental Program at D1 Training is designed to cater to athletes in the early stages of their sports careers or those looking to improve their fundamental skills. The program focuses on developing agility, speed, strength, flexibility, and endurance through various exercises and drills.