



ARGYLE FOOTBALL

7TH-9TH GRADE FOOTBALL CAMP



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WHEN

JULY 29-AUG 1 2024 (MON-THURS)

WHO

INCOMING 7TH GRADE / 8TH GRADE / FRESHMAN

TIME

7:30 AM - 10:30 AM

CHECK IN BEGINS AT 7:00 AM ON 7/29

COST

\$125 - PAYABLE BY CASH / CHECK

*ALL CAMPER WILL GET A CAMP SHIRT

WHERE

EAGLE STADIUM - ARGYLE MIDDLE SCHOOL - 191 S. HIGHWAY 377

HOW TO REGISTER

GO TO THE LINK OR SCAN THE QR CODE BELOW:

[HTTPS://BIT.LY/24ARGYLEFOOTBALLCAMP7-9](https://bit.ly/24argylefootballcamp7-9)

[FOLLOW US ON TWITTER](#)

 @ARGYLEGRIDIRON

CAMP GOALS

ARGYLE EAGLE FOOTBALL CAMP IS A 4 DAY CAMP INTENDED FOR ATHLETES ENTERING GRADES 7, 8, OR 9 THAT PLAN ON PLAYING AT AMS OR AHS.

BY THE END OF THE CAMP, EACH CAMPER WILL:

- LEARN FUNDAMENTAL SKILLS NECESSARY FOR VARIOUS OFFENSIVE & DEFENSIVE POSITIONS
- LEARN OFFENSIVE STRATEGIES TO BE IMPLEMENTED DURING THE 2024 SEASON
- LEARN DEFENSIVE STRATEGIES TO BE IMPLEMENTED DURING THE 2024 SEASON
- LEARN THE FUNDAMENTALS OF SPECIAL TEAMS AND WHAT IT MEANS TO BE A PART OF THE SPECIAL FORCES
- LEARN HOW TO DEVELOP A GREAT COMPETITIVE NATURE, WHILE ALSO DEMONSTRATING PROPER SPORTSMANSHIP
- LEARN THE IMPORTANCE OF SAFETY IN THE GAME OF FOOTBALL

REGISTRATION QR CODE



QUESTIONS?

EMAIL ATHLETIC SECRETARY - KELLI PERKINS - [KELLI.PERKINS@ARGYLEISD.COM](mailto:kelli.perkins@argyleisd.com)

2024



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OFFENSIVE SKILLS DEVELOPMENT

THE FOLLOWING OFFENSIVE SKILLS WILL BE ADDRESSED AND DEVELOPED:

- PROPER STANCE & ALIGNMENT
- OFFENSIVE FORMATIONS USED IN THE SEASON
- OFFENSIVE BLOCKING SCHEMES & ROUTES USED IN THE SEASON

DEFENSIVE SKILLS DEVELOPMENT

- PROPER STANCE & ALIGNMENT
- MAN AND ZONE COVERAGE TECHNIQUES
- TACKLING FUNDAMENTALS
 - DRILL PROPER TECHNIQUES FOR TACKLING SAFELY

SPECIAL TEAMS SKILLS DEVELOPMENT

- PROPER STANCE & ALIGNMENT
- COVERAGE & TACKLING DRILLS
- BLOCKING FUNDAMENTALS
- KICKING FUNDAMENTALS

COMPETITIONS

EVERY DAY WILL FEATURE A COMPETITION OF SOME DEGREE

TYPICAL COMPETITIONS WILL BE:

- 1 ON 1'S - OL/DL
- 1 ON 1'S - WR/DB
- 7 ON 7

SAFETY

IN FOOTBALL, NO TOPIC IS MORE IMPORTANT THAN SAFETY! ALL ATHLETES WILL BE TAUGHT HOW TO SAFELY PERFORM EACH EXERCISE. THIS IS A TOUCH ONLY CAMP, THEREFORE, NO ATHLETE WILL BE ENTERED INTO ANY EXERCISE WHERE CONTACT EQUIPMENT IS REQUIRED!

RELEASE FORMS: A RELEASE FORM IS REQUIRED AT REGISTRATION.

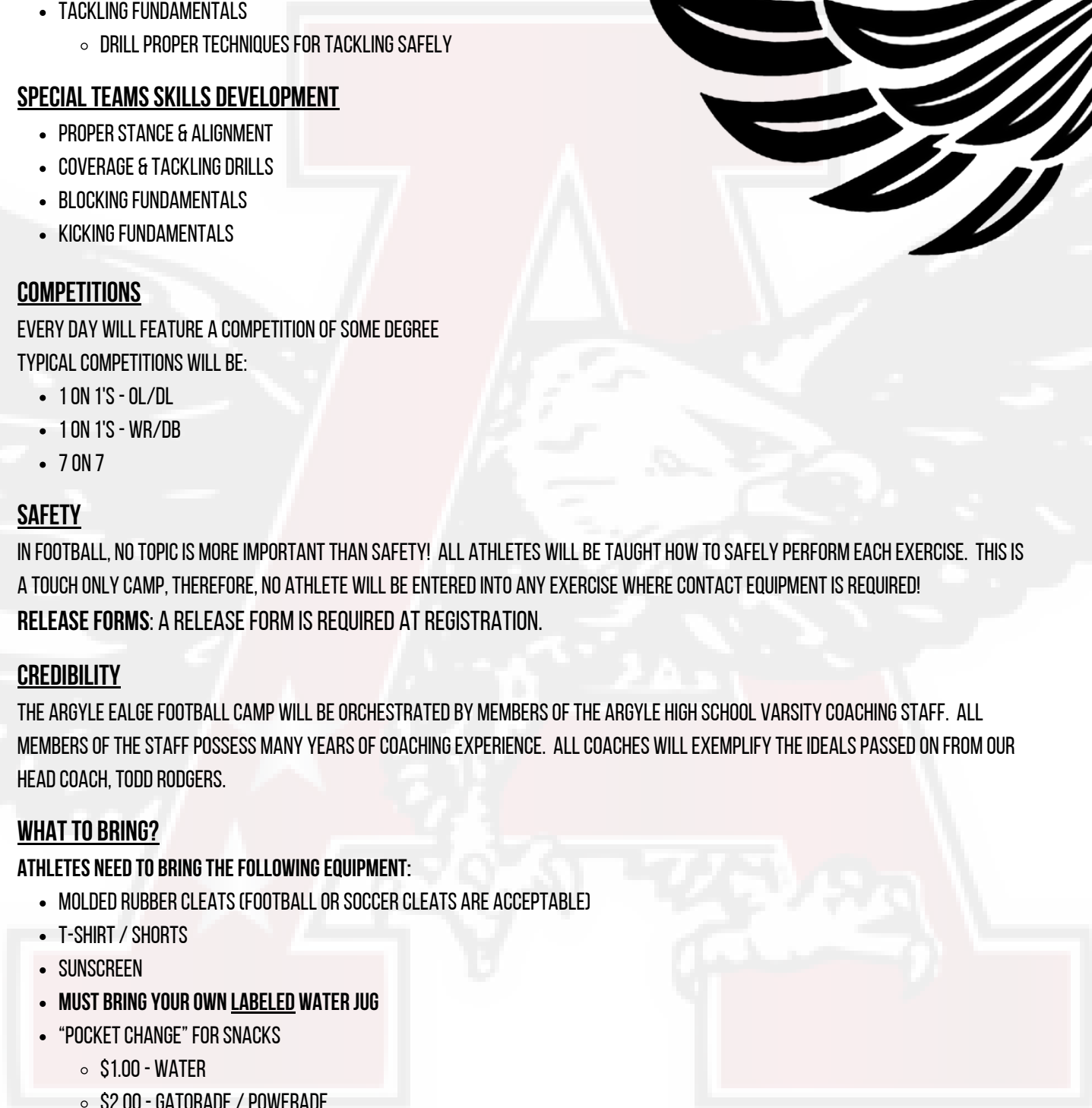
CREDIBILITY

THE ARGYLE EAGLE FOOTBALL CAMP WILL BE ORCHESTRATED BY MEMBERS OF THE ARGYLE HIGH SCHOOL VARSITY COACHING STAFF. ALL MEMBERS OF THE STAFF POSSESS MANY YEARS OF COACHING EXPERIENCE. ALL COACHES WILL EXEMPLIFY THE IDEALS PASSED ON FROM OUR HEAD COACH, TODD RODGERS.

WHAT TO BRING?

ATHLETES NEED TO BRING THE FOLLOWING EQUIPMENT:

- MOLDED RUBBER CLEATS (FOOTBALL OR SOCCER CLEATS ARE ACCEPTABLE)
- T-SHIRT / SHORTS
- SUNSCREEN
- **MUST BRING YOUR OWN LABELED WATER JUG**
- "POCKET CHANGE" FOR SNACKS
 - \$1.00 - WATER
 - \$2.00 - GATORADE / POWERADE



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