

ARGYLE FOOTBALL

FUTURE EAGLE K-6 FOOTBALL CAMP

WHEN

JUNE 17-20, 2024 (MON-THURS)

TIME

5:30 PM - 8:00 PM

CHECK IN BEGINS AT 5:00 PM ON 6/17

WHERE

EAGLE STADIUM

191 S. HIGHWAY 377

REGISTRATION LINK

HTTPS://BIT.LY/24ARGYLEFOOTBALLCAMPK-6

WHO

INCOMING KINDER - 6TH GRADE

COST

\$125 - PAYABLE BY CASH / CHECK / VENMO

*ALL CAMPERS WILL GET A CAMP SHIRT

CAMP PHOTOS

*CAMP PHOTOS WILL BE AVAILABLE FOR PURCHASE

*PHOTOS BY CATE T. CLARK PHOTOGRAPHY ()



REGISTRATION QR CODE

W US ON TWITTER

@ARGYLEGRIDIRON

CAMP GOALS

"FUTURE EAGLES" FOOTBALL CAMP IS A 4 DAY CAMP INTENDED FOR ANY ATHLETE ENTERING GRADES K-6 THAT IS INTERESTED IN FOOTBALL.

BY THE END OF THE CAMP. EACH CAMPER WILL:

- LEARN BASIC SKILLS FOR VARIOUS OFFENSIVE & DEFENSIVE POSITIONS
- LEARN DIFFERENT STRATEGIES FOR DEVELOPING AGILITY & SPEED
- LEARN HOW TO DEVELOP A GREAT COMPETITIVE NATURE. WHILE ALSO DEMONSTRATING PROPER SPORTSMANSHIP
- LEARN THE IMPORTANCE OF SAFETY IN THE GAME OF FOOTBALL
- LISTEN TO VARIOUS SPEAKERS ON A VARIETY OF TOPICS...ALL FOCUSED ON BECOMING THE BEST STUDENT-ATHLETE YOU CAN BE!
- HAVE FUN!

OUESTIONS?

EMAIL OFFENSIVE COORDINATOR - JAKE GREGORY - <u>Jacob.Gregory@argyleisd.com</u>

2024



ARGYLE FOOTBALL

OFFENSIVE SKILLS DEVELOPMENT

THE FOLLOWING OFFENSIVE SKILLS WILL BE ADDRESSED AND DEVELOPED:

- PROPER STANCE (QB, RB, WR, OL, TE)
- PROPER HANDOFF TECHNIQUE
- PROPER THROWING AND RECEIVING TECHNIQUE
- INTRODUCTION TO PASS ROUTES

DEFENSIVE SKILLS DEVELOPMENT

- PROPER STANCE (DL, LB, SECONDARY)
- MAN-TO-MAN COVERAGE TECHNIQUES
- INTRO TO TACKLING
 - TEACH PROPER TECHNIQUES FOR TACKLING SAFELY
 - ALL DONE ON DUMMIES & PADS (NO LIVE TACKLING AT ALL!)

COMPETITIONS

EVERY DAY WILL FEATURE A COMPETITION OF SOME DEGREE TYPICAL COMPETITIONS WILL BE:

- 40 YARD DASH
- LONGEST THROW
- LONGEST PUNT
- LONGEST KICK
- OBSTACLE COURSE

SAFETY

IN FOOTBALL, NO TOPIC IS MORE IMPORTANT THAN SAFETY. ALL ATHLETES WILL BE TAUGHT HOW TO SAFELY PERFORM EACH EXERCISE.

THIS IS A TOUCH ONLY CAMP, THEREFORE, NO ATHLETE WILL BE ENTERED INTO ANY EXERCISE WHERE HELMETS OR SHOULDER PADS ARE REQUIRED.

RELEASE FORMS: A RELEASE FORM IS REQUIRED AND WILL NEED TO BE COMPLETED WHEN YOU COMPLETE THE ONLINE REGISTRATION FORM.

CREDIBILITY

THE "FUTURE EAGLES" FOOTBALL CAMP WILL BE ORCHESTRATED BY MEMBERS OF THE ARGYLE HIGH SCHOOL VARSITY COACHING STAFF. ALL MEMBERS OF THE STAFF POSSESS MANY YEARS OF COACHING EXPERIENCE. ALL COACHES WILL EXEMPLIFY THE IDEALS PASSED ON FROM OUR HEAD COACH, TODD RODGERS.

WHAT TO BRING?

ATHLETES NEED TO BRING THE FOLLOWING EQUIPMENT:

- T-SHIRT AND SHORTS
- MOLDED RUBBER CLEATS (FOOTBALL OR SOCCER CLEATS ARE OK IF THEY ARE MOLDED RUBBER)
- SUNSCREEN, CAP IF DESIRED
- EACH ATHLETE MUST BRING THEIR OWN <u>Labeled</u> water jug!
- "POCKET CHANGE" FOR DRINKS & SNACKS (VENMO WILL ALSO BE AVAILABLE)
 - \$1.00 WATER
 - \$2.00 GATORADE / POWERADE
- YOUTH SIZED FOOTBALLS WILL BE PROVIDED.
 - PLEASE <u>DO NOT</u> BRING YOUR OWN FOOTBALL

