TODD RODGERS

7-9TH

**JULY 28-31** 

\$130

MONDAY - THURSDAY

7:30 - 10:30 AM





ARGYLE MIDDLE SCHOOL 191 S. HIGHWAY 377



# **CAMP GOALS**

The Todd Rodgers Football Camp is a 4 day camp intended for athletes entering Grades 7, 8, or 9 that plan on playing football at AMS or AHS.



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**LINK TO REGISTER** 



BIT.LY/2025TR7-9ARGYLEFOOTBALLCAMP





# TODD RODGERS

# BY THE END OF CAMP, EACH CAMP, R WILL:

- Learn fundamental skills necessary for various offensive & defensive positions.
- Learn offensive & defensive strategies to be implemented during the 2025 Season.
- Learn fundamentals of Special Teams and what it means to be a part of the special forces.
- Learn how to develop a great competitive nature, while also demonstrating proper sportsmanship.
- Learn the importance of safety in the game of football.

## OFFENSIVE SKILL DEVELOPMENT

The following offensive skills will be addressed & developed:

- Proper Stance & Alignment
- Formations used in the season
- Blocking Schemes, Concepts, & Route Combinations

## **DEFENSIVE SKILL DEVELOPMENT**

The following defensive skills will be addressed & developed:

- Proper Stance & Alignment
- Man & Zone Coverage Techniques
- Tackling Fundamentals Drill proper techniques for safety

# **SPECIAL TEAMS SKILL DEVELOPMENT**

The following special teams skills will be addressed & developed:

- Proper Stance & Alignment
- Coverage & Tackling Drills
- Blocking Fundamentals
- Kicking Fundamentals

# **COMPETITIONS**

Every day will feature a competition of some degree:

- Electronically Timed 40's, Pro Agility, & L-Drill
- 1 on 1's OL vs DL
- 1 on 1's WR vs DB
- 7 on 7

## SAFETY

In football, no topic is more important that safety!
All athletes will be taught how to safely perform each exercise.
This is a touch only camp, therefore, no athlete will be entered into any exercise where contact equipment is required.
Release Forms: A release form is required and will be completed during registration.

#### CREDIBILITY

The Todd Rodgers Football Camp will be orchestrated by members of the Argyle High School Varsity Coaching Staff. All members of the staff possess many years of coaching experience. All coaches will exemplify the ideals passed on from our Head Coach, Todd Rodgers.

## **WHAT TO BRING?**

Athletes need to bring the following equipment:

- T-Shirt / Shorts
- Football Cleats
- Bring your own LABELED water container

## CAMP SHIRT

All campers will receive an Argyle Football Camp Shirt on Wednesday that will need to be worn to camp on Thursday.

Shirt size will be selected in the registration form.



