



# Heritage War Eagle Baseball Camp 2019

Ages 7-13 year olds

June 3rd-4th 8:30 a.m.- 11:30 p.m.		
Camp Schedule		Camp Goals
8:00-8:30	Registration	Our objective is to teach the fundamentals of baseball in a fun atmosphere while improving skill level. Campers will be grouped according to age and will have the opportunity to receive individual instruction. Our camp staff will consist of HHS coaching staff and current HHS players
8:30-9:00	Stretch-Warm-up	
9:00-9:40	Throwing	
9:45-10:15	Hitting	
10:15-10:50	Fielding	
10:50-11:15	Scrimmage	
11:15-11:30	Baserunning (Slip and Slide)	

- \* Campers will need to bring a baseball glove, bat, helmet, water bottle, Towel, Dry Clothes.
- \* Cost of registration will be \$20.00
- \* Registration & Fees may be mailed or dropped off before hand at Heritage High school
- \* Make Checks to War Eagle Baseball
- \* Walks ups are accepted

**Attention: Coach Mitch Cameron**  
**Heritage High School**  
**1114 S. 5th Street**  
**Rogers, AR 72756**

Name: \_\_\_\_\_ Age: \_\_\_\_\_ Birth Date: \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_

State \_\_\_\_\_ Zip \_\_\_\_\_ Home District \_\_\_\_\_

Emergency Contact #1: Parent / Guardian / other: \_\_\_\_\_

Name: \_\_\_\_\_ Phone \_\_\_\_\_

Additional Contact: Name \_\_\_\_\_ Phone \_\_\_\_\_

## Permission for Medical Attention

**I hereby authorize the HHS Baseball Camp to act for me according to their best judgement in any emergency requiring medical attention. I will not hold any representative of the HHS Baseball Camp or Rogers Public Schools responsible for any accidents that might occur during camp**

Signature of Parent or Guardian \_\_\_\_\_ Date: \_\_\_\_\_