

***Ashley High School  
Athletic Handbook***



[www.ashleyathletics.org](http://www.ashleyathletics.org)

***HONORING SERVICE,  
BUILDING TRADITION!***

**One Goal, One Mission, One Team**

# Ashley High School

<b>Principal</b>	<b>Jackson Norvell</b>
<b>Assistant Principal</b>	<b>Glenn Locklear</b>
<b>Assistant Principal</b>	<b>Colette Anderson</b>
<b>Assistant Principal</b>	<b>Stephanie Cole</b>
<b>Assistant Principal</b>	<b>Katherine Watson</b>
<b>Certified Master Athletic Administrator</b>	<b>Roy Turner</b>
<b>Assistant Athletic Director(s)</b>	<b>Chip Adams &amp; Brian Stewart</b>
<b>Certified/Licensed Athletic Trainer(s)</b>	<b>Shanaka Riddle Sadie Thomas</b>

**Contact Us:**

<b>School Phone:</b>	<b>910-790-2360</b>
<b>Athletic Phone:</b>	<b>910-790-2360 x129</b>
<b>Fax:</b>	<b>910-790-2356</b>

**Athletic Schedules:**

<http://www.nhcs.net/ashley/>  
or  
[www.ashleyathletics.org](http://www.ashleyathletics.org)

Click on Athletics

**Athletic Director's Email:** [roy.turner@nhcs.net](mailto:roy.turner@nhcs.net)

**Athletic Booster Club**

President: Joe Smith

Meetings: the 1<sup>st</sup> Monday of each month @ 7:00pm in the cafeteria

In compliance with federal laws, New Hanover County Schools administers all educational programs, employment activities and admissions without discrimination because of race, religion, national or ethnic origin, color, age, military service, disability or gender, except where exemption is appropriate and allowed by law. All New Hanover County Schools facilities, both educational and athletic, are tobacco-free learning environments.

The Ashley Administration will provide the leadership to ensure a wholesome, equitable setting so student-athletes in our programs can enjoy the many positive benefits of participation in interscholastic activities. This Administration supports the values of sportsmanship, ethics, and integrity.

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## Preseason Meeting for Parents/Guardians of Athletes (PAIN) Parent Athlete Information Meeting

The purpose of this meeting is to inform parents of the athletic policies of new Hanover County Schools. There will be three meetings held during the year, one before each sports season. A parent or guardian and the student-athlete must be present at the meeting held before the beginning of the sports season in which the athlete is participating. If you have attended another sports season orientation meeting during the school year, you must attend the Coach's meeting.

### **Orientation Meeting** - in the cafeteria

Overview of Athletic Handbook

Each of the following will be discussed during the meeting:

#### Preseason Meeting

1. Outline
2. Introduce Administration, Coaching Staff and Athletic Trainers
3. Athletic Insurance
4. Outline the Coach's Meeting

#### NCHSAA Information

5. Overview of North Carolina Athletic Association
6. Basic Eligibility and Powerpoint
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#### New Hanover County Schools Athletic Insurance

20. The athletic insurance provided by the New Hanover County Schools and NCHSAA will be explained
21. The injury procedure used by NHCS will be reviewed

### **Coach's Meeting** – in assigned classrooms/areas.

Coach's Meeting – each coach will meet with parents in an assigned area. When the meeting is over, please make sure that you have turned in your Evaluation Form and Parental Information form. Each sport has its own unique requirements and risks. To insure that the parents are informed prior to authorizing a student's participation in interscholastic athletics, the coach of each sport will review health risks that are particular to the sport and instructional methods used to minimize these risks. Questions are welcomed. In addition to becoming eligible and completing the necessary paperwork, each athlete must follow the specific rules developed by the coach. A clear understanding of these rules makes for a pleasant relationship between the parent, coach, and athlete.

## Individual Sport or Activity Meeting

### Overview

- Introduction of Coaches/sponsors
- Program coaching philosophy

### Information

- How teams will be chosen
- Criteria for lettering and other awards
  - Student-athlete must be in good standing
  - Awards are listed in the Athletic Handbook
- Team Rules
  - Training Rules
  - Practice/Game schedule
  - Practice attendance policy
- Citizenship/sportsmanship/academic development & academic tutorials
- Sickness/return from injury & emergency care
  - Athletes must be in attendance at school to participate in practice or a game. Coaches will check the absentee list each day
- Competition participation criteria
  - Any student-athlete who is under penalty of suspension, or whose character or conduct is such as to reflect discredit upon our school or community, will not be allowed to participate in practice or games
- Travel Guidelines
  - Transportation
  - Departure and arrival times
  - Dress guidelines
- Parental Involvement
- Other Items

### Appropriate Concerns to Discuss with the Head Coach

- Child's mental or physical state
- Ways to help athlete improve in the activity
- Concerns about your son/daughter's behavior

### Issues Not Appropriate to Discuss with the Head Coach

- Team Strategy
- Play Calling
- Other student-athletes
- Playing Time
  - It is very difficult to accept that your child may not be playing as much as you or they may hope. Coaches are professionals. They make judgment decisions based on what they believe to be the best for all athletes involved.

### If you have a Concern to Discuss with the Head Coach

- Call the school and set up an appointment (24 hours). Ashley High School: 910-790-2360
- If the Coach cannot be reached, contact the guidance department to set up an appointment for you.
- Please Do Not attempt to confront a coach before, during or after a contest or practice. These can be emotional times for the athlete, parent and coach

### What a Parent Can Do if a Meeting with the Coach Does Not Resolve the Issue

- Call and set up an appointment with the Athletic Director to discuss the situation
- The appropriate next step can be determined at this meeting. If you have questions concerning this, please contact the Athletic Director or Head Coach at 910-790-2360 x129.

## ***Parent/Coach Communication Plan***

As your student-athletes become involved in the athletic program at Ashley they will experience some of the most rewarding times of their lives. Possibly the most important ingredient to achieve this outcome is to insure that lines of communication are developed to allow for free and easy resolution of questions before they become conflicts. It is important to understand that there also may be times when things do not go the way you or your child wishes. At these times a short discussion with the coach is encouraged.

### **Communication you should expect from your child's coach:**

- Philosophy
- Expectations the coach has for your child and teammates
- Locations and times of all practices and contests
- Team requirements, i.e., practices, special equipment, off-season conditioning, etc....
- Emergency procedures in case of injury
- Code of conduct and/or discipline plan
- Changes in schedule due to weather etc.

### **Communication coaches expect from parents:**

- Concerns expressed directly to coach
- Notification of any schedule conflicts well in advance
- Specific concerns with regard to a coach's philosophy and/or expectations

### **Appropriate concerns to discuss with the coach:**

- The treatment of your child, mentally and/or physically
- Ways the parent(s) can help the student-athlete improve
- Concerns about your child's behavior or performance

It is very difficult to accept your child's not playing as much as you or they may like. Coaches are professionals. They make judgment decisions based on what they believe to be the best for all student-athletes involved. As you have seen from the list above, certain things can and should be discussed with your child's coach. Other things, such as those listed below, must be left to the discretion of the coach.

### **Issues not appropriate to discuss with the coach:**

- Playing Time
- Team Strategy
- Play Calling
- Other Student-athletes

There are situations that may require a conference between the coach and a parent. These are encouraged if necessary. It is important that both parties involved have a clear understanding of the others position. When a conference is necessary, the following procedure should be followed to help resolve the issue or concern.

**If you have a concern to discuss with a coach and/or an athletic administrator, call 910-790-2360 to set up an appointment. Do not attempt to confront the coach before or after a contest or practice (24 hour rule). Meetings of this nature do not promote resolutions; it may even exacerbate the issue.**

If the meeting with the coach does not provide a satisfactory resolution: Call (910-790-2360) and set up an appointment with the Athletic Director to discuss the situation.

Many of the character traits required to be a successful participant are exactly those that will promote a successful life after high school. We hope the information provided within this pamphlet helps to make the Ashley Athletic program as enjoyable as possible for you and your child.

## ***EAGLE Policies***

### **TICKETS**

As per NHCS policy tickets are sold for baseball, basketball, football, lacrosse, soccer, softball, volleyball, and wrestling. The tickets range from \$6.00 to \$4.00, with the exception of playoff games, which is set by the NCHSAA. There is a “No-Readmittance” and “No Refund” policy in effect for all contests at Ashley. Fans may purchase season tickets, good for all home contests except endowments, tournaments, and NCHSAA playoffs.

### **PARKING**

Park in assigned spaces only. Parking is first come, first served for all events.

### **GAME FACILITIES**

Ashley football, lacrosse, soccer, and track compete in the main stadium on campus. Seats are unreserved except for an area marked off for the Marching Band, Eagles nest, and for special events such as class reunions. The press box is limited to use by authorized school personnel and accredited media only.

The gymnasium is used for basketball and volleyball games. There is NO reserved seating except for Cheerleaders and Pep Band members.

Baseball, cross-country, tennis and softball compete on campus. The golf teams practice and play at Beau Rivage Plantation. Ashley Swim teams practice and compete at the YWCA and UNC-W.

### **CONCESSIONS**

Concessions are operated by the Booster Club and open for all varsity contests and most JV games. Containers, coolers and outside food are prohibited at Ashley High School.

### **RESTROOMS**

Restrooms are located in the main concession stand and in the school foyer.

### **FIRST AID**

The training room (Room 109) is located inside the school (gymnasium hallway near men’s locker room), or see any Administrator to locate Curtis Fallon our ATC/L Trainer.

### **HANDICAPPED**

Ramps are available throughout the school property and arrangements can be made for special seating.

### **TOBACCO**

The use of tobacco products and electronic cigarettes is prohibited on our campus.

### **LOST & FOUND**

Turn in items to the concession stand for handling by the Athletic Director.

# Ashley High School NCHSAA NHCS Athletic Information





## Welcome to the Athletic Program!

### CREATING A CULTURE OF EXCELLENCE

To build a winning a team and a successful organization you must create a *culture of excellence*. It's the most important thing a leader can do because culture drives behavior, behavior drives habits and habits create the future (vision).

When you create a culture of excellence you create a collective mindset in your organization that *expects* great things to happen—even during challenging times. You expect your people to be their best, you make it a priority to coach them to be their best and most of all you create a work environment that *fuels* them to be their best.

A culture of excellence creates an expectation that everyone in the organization be committed to excellence. It requires leaders and managers to put the right people in the right positions where they are humble, hungry, and willing to work harder than everyone else. A culture of excellence dictates that everyone uses their gifts and strengths to serve the purpose and mission of the organization. Cultivating this culture means that you don't just bring in the best people, but you also *bring out* the best in people.

A culture of excellence requires that you find the right people that fit your culture. Then you coach them, develop them, mentor them, train them, and empower them to do what they do best. As part of this process you develop positive leaders who share positive energy throughout the organization because positive energy flows from the top down. You also don't allow negativity to sabotage the moral, performance, and success or your organization. You deal with negativity at the cultural level so your people can spend their time focusing on their work instead of fighting energy vampires and you find countless ways to enhance communication, build trust, and create engaged relationships that are the foundation upon which winning teams are built.

All of these goals and initiatives have common elements and common origins in the mission statement of Dr. Markley, Superintendent of New Hanover County Schools. They include a strong commitment to creating lifelong global learners; through teaching life lessons, mentoring and community service to create servant leaders, provide diverse educational opportunities, and enhance educational opportunities outside the classroom.

#### ***Mission, Vision, and Core Values Statements***

The Athletic staff focused its initial efforts on developing new Mission, Vision, and Core Values Statements for Athletics.

#### ***MISSION STATEMENT***

Consistent with NHCS and Ashley's mission and values, the Athletic Department provides student-athletes with opportunities for success in education based athletics while supporting their personal growth as students, citizens, and leaders. In drafting a new Mission Statement for the Athletics Department the Committee reviewed mission-

appropriate documents from a number of sources and developed the following Mission Statement for Ashley Athletics:

### **ATHLETICS' MISSION STATEMENT**

The Mission of Ashley Athletics is to guide our student-athletes to become better people both on and off the court and to enhance their leadership and critical thinking skills.

### **Beliefs**

We believe that high level competitiveness is a byproduct of strong leadership, focused discipline, and a commitment to pursue excellence.






### **VISION STATEMENT**

Using similar methodology, including efforts to align, control and motivate all stakeholders of the Athletic Department we developed the following Vision Statement for Ashley Athletics:

### **ATHLETICS' VISION STATEMENT**

Ashley Athletics will be recognized as a model program and as a source of campus and community pride and respect by inspiring every athlete to pursue excellence.

*To achieve this vision we are committed to building traditions and our reputation through the creation of an environment and culture characterized by:*

-  **Student First, Athlete Second...** High Student Performance (GPA), High Graduation Rates (100%), and Academic Honors (Scholarships and Recognition)
-  **Culture of Excellence, Integrity, and Character...** Adherence to NHC, NCHSAA, and NFHS regulations
-  **Eagle Pride and Respect...** All Stakeholders (Student-athletes, coaches, fans, etc) model appropriate behavior
-  **Nationally Certified Coaches and Staff...** Lifelong learners, teachers, role models, and mentors
-  **Quality Facilities and Equipment...** Continue to maintain and improve facilities and equipment

### **STATEMENT OF CORE VALUES**

Using similar methodology we developed the following Statement of Core Values for ASHLEY Athletics that we will never compromise:

### **CORE VALUES of ATHLETICS**

-  EXCELLENCE

We are committed to the pursuit of excellence and inspiring others. We will create and maintain an environment that is fair, embracing, and caring, open and accessible to all people. Our most important asset is our student-athletes and we will never compromise their health, safety or welfare.

### ACHIEVEMENT

We are committed academic achievement by using educational athletics as an extension of the classroom and creating educational partnerships (Student-athlete, Faculty staff and parents).

### HONOR

We are committed to and intentional about our expectations of always showing EAGLE Pride and Respect for opponents, officials, teammates, coaching staff, fans, and themselves. Athletes feel a sense of honor and value the work of the team and themselves.

### SERVICE

“First to serve, last to be served” Interdependent coaches, athletes, parents, and stakeholders share their gifts and talents to benefit others. Selflessly putting the best interests and needs of others first.

## **Conduct**

Participation in extracurricular activities, including athletics, is a privilege, not a right. The New Hanover County Board of Education expects all students who represent their school through participation in extracurricular activities to be good representatives of their school community. Students should dress, act and conduct themselves in a way that reflects positively on their school. Each student is expected to display good citizenship at all times. Taunting is expressly prohibited. Taunting includes actions or comments, which are intended to bait, anger, embarrass, ridicule or demean others, whether or not deeds or words are vulgar or racist. Any student who violates the NHCS Code of Ethics may have the privilege of participation limited or revoked.

## **Eligibility to Participate**

A student who is suspended from school is not eligible to practice, play or attend any meeting during the time of suspension. If the suspension includes the last day of school before a vacation or weekend, the student becomes eligible the next calendar day after the last day of the suspension.

A student who is absent from school will not be allowed to practice or attend any meeting of the team or group on the day of the absence. Exceptions such as funerals, field trips, college visitations must be approved by the principal in advance.

## **Athletic Goals:**

The goal of the Ashley athletic department is to provide opportunities for student-athletes to excel in teamwork, sportsmanship, self-discipline, acceptable personal and social behavior, and character. Members of teams and organizations must always serve as exemplars of high moral character and must demonstrate appropriate academic commitment, which is expected of all students. Participation in athletics at Ashley is “a privilege, not a right”. In addition to the rules established by NCHSAA, each coach may have rules and expectations for the members of the team, which shall be distributed to all players and parents at the beginning of the season. The New Hanover County Schools Code of Conduct applies to all student-athletes on and off the field of play. All students who participate in athletics are subject to disciplinary consequences imposed by coaches and the administration. The athletic program at Ashley High School is designed to produce well-rounded citizens who can take their place in a community and in a democratic society. The program is intended to develop leadership skills, a sense of responsibility and accountability, and sportsmanlike attitudes of the student population.

One of the main goals of the athletic department is to teach the concept of sportsmanship (Eagle’s Respect). Good sportsmanship requires that everyone be treated with respect. This includes members of the opposing team, teammates, officials, coaches, administrators and spectators. Winning is exciting, but winning at any cost is not the goal. Screaming Eagles will learn how to win with dignity and lose with class.

Emotional balance promotes consistency in the lives of athletes that affects everything they do. Everyone wins, especially the athletes, who move comfortably from one responsibility and relationship to another, benefiting themselves as well as their parents, teachers, and coaches.

## **Beliefs:**

- We believe the extracurricular activities program is for all students.
- We believe that extracurricular activities are an integral part of the total education program and a unique part of the high school experience.
- We believe extracurricular activities teach students many invaluable, intangible traits that are necessary for productivity in our society such as, but not limited to, self-discipline, personal commitment, loyalty, sportsmanship, teamwork, the value of preparation, and a hard work ethic.
- We believe participation in extracurricular activities enhances student academic performance and school attendance.
- We believe extracurricular activities have a positive effect upon the participant’s self-image, mental alertness, social competence and ethical awareness.
- We believe that the spirit of competition and the will to excel are some of the necessary elements associated with extracurricular activities. These elements are valuable to the development of a healthy mind and a productive American citizen.

“We believe extracurricular activities are a wholesome equalizer because individuals are judged for what they are and for what they do, not on the basis of the social or economic group to which they belong.”

### **Objectives:**

- To provide our participants with the best possible administration, supervision and instruction available.
- To provide our participants with quality facilities and equipment that is both safe and people and student friendly.
- To provide our participants with safe, quality transportation to and from all competitions and activities.
- To provide our participants with proper funding to meet all of there needs in the extracurricular arena.

### **Forward**

This handbook is designed to inform the student-athlete and his/her parent(s)/guardian(s) of the rules, regulations and policies of the Athletic Department. The coaching staff at Ashley High School believes that success in athletics is established and maintained through adherence to the principles outlined in this handbook. Participation on Ashley High School athletic teams is strictly on a voluntary basis. Athletics are extra-curricular activities conducted after the regular school day. No recruiting of any kind is permitted. The athlete must earn the privilege of participation through dedication, desire and discipline.

Because participation is voluntary, certain basic requirements are necessary in order to make the athletic program a wholesome, successful and meaningful experience.

The requirements have been kept to a minimum, but important items are listed below in order that the athlete must fully understand before making the decision to participate. All students at Ashley High School will adhere to the New Hanover County Schools Code of Conduct, and the uniform consequences for violations. However, the Athletic Department may also discipline athletes, because of their high visibility and their place as leaders of the school. The Ashley Athletic department will enforce the rules and regulations as described in this handbook. Parents and athletes are asked to sign an acknowledgment document, stating that they have read and understand the information included in this handbook.

Misconduct includes inappropriate behavior while you are involved in any way with an athletic department program, including practice, games, and travel. Insubordination, impudence, insolence, or other examples of defiance toward coaches, officials, bus drivers or others in authority or who have responsibility for your safety are examples of misconduct.

Such behavior will not be tolerated.

Specific punishments cannot be listed since varying circumstances; the severity of the infraction, and the athlete's reaction to being corrected provides too many variables. Coaches and/or the Athletic Director will handle individual instances in a manner that seems best suited

to the situation but athletes should note that appropriate responses by coaches or the Athletic Director could range anywhere from a verbal reprimand to suspension or expulsion from the team.

## Ashley Athletic Information

### Physicals

All athletes must have a completed Athletic Participation Form on file at school before they practice or participate in skill development sessions. A school physical will be given (check athletic calendar for dates). The physical is valid for one calendar year and must be current until the end of a specific sport season. Students absent from athletic practice for five or more days due to illness or injury shall receive a medical release by a physician licensed to practice medicine before readmittance to practice or contests.

### Academics

Athletes will be required to pass 3 subjects with a 2.0 G.P.A. in order to be eligible for participation in the following semester. Athletes who fail to meet that requirement in the spring semester but whose yearly average (fall + spring and/or summer school) brings the G.P.A. to 2.0 or better will be deemed eligible for participation the following semester.

Athletes must attend **MANDATORY** tutorial or study hall if they receive any grades lower than a "C" or have a GPA below 2.0 for at least one hour each week. The athlete will be required to continue in tutoring until an average of "C" or higher is attained in the course. If at any time an athlete fails to attend required tutoring, or if the athlete attends tutoring but fails to demonstrate a good faith effort to improve as judged by the tutor or academic teacher, the athlete may lose eligibility until the commitment is made or for the remainder of the nine week grading period.

In summary, this will hold student-athletes accountable for both past and current grades while providing a vehicle for improving those grades. This is designed to be motivational, not punitive.

A student-athlete who is not eligible at the beginning of the semester (eight day period) is not eligible at any time during the semester. **Exception: a student who receives an incomplete which causes him or her to fail to meet minimum scholastic requirements is ineligible until the course is satisfactorily completed, and eligibility is restored immediately).** A student academically eligible at the beginning of a semester remains academically eligible throughout the semester.

### Transportation

As per NHC policy, the athletic department will provide transportation to and from athletic contests. If an emergency occurs, parents can transport athlete's home from away games with a signed waiver and permission of the head coach.

Due to the fact that we practice and play at an off campus venue, (golf, cross country, lacrosse, soccer, and swimming) student-athletes must provide their own transportation to and from practices and home contests. Because the safety of student-athletes is a primary consideration in the administration of this activity, students must have the written parental permission for their participation in each specific sport.

Under **no circumstances** will athletes be allowed to travel with teammates or other parents to or from contests without signed waivers and permission from the Athletic Director.

### **Informed Consent**

By its nature, participation in interscholastic athletics includes risk of injury, which may range in severity. Although serious injuries are not common in supervised school athletic programs, it is impossible to eliminate all risk. Participants have the responsibility to help reduce the chance of injury. Players must obey all safety rules and warnings, report physical problems to their coaches, follow a proper conditioning program, and inspect their own equipment daily.

### **Athletic Training**

The athletic department will provide a certified Athletic Trainer, assistant athletic trainer and athletic training student aids to provide the possible care for our athletes. Athletes are offered a wide variety of services (prevention and treatment) to help meet the demands of athletic competition.

#### **The following are guidelines to follow when using the athletic training room:**

- Do not enter without an athletic trainer, coach or athletic training student aid
- Only athletes being treated are allowed in athletic training room
- Do not attempt to treat yourself
- Wear appropriate clothing to and from the athletic training room
- Do not use or remove any supplies without permission

### **Hot Weather**

According to the New Hanover County School System, each site is allowed to make its own decision concerning practices, realizing that no practices may occur before the end of the regular teacher workday.

### **Inclement Weather**

On the first day schools are closed due to inclement weather conditions, all school activities shall be suspended. This rule applies to all games, practices, rehearsals, etc.

On subsequent days when schools are closed due to inclement weather, the building principal will decide when school activities (team practices, rehearsals, etc.) may be resumed within his/her school. All performances and games that are to be played when schools are closed will require the permission of the superintendent or his designee.

Under **NO CIRCUMSTANCES** should students be penalized for failure to attend activities when schools are closed even when special permission to proceed has been granted.

### **Dressing/Locker Rooms**

Coaches will supervise their dressing facilities. Custodians are expected to clean dressing rooms daily, but are not expected to pick-up equipment and clothing left behind by athletes. **DO NOT**; under any circumstances wear cleats inside the buildings or walk across the gym floor.

Combination locks should be assigned to all athletes. Athletes are encouraged to secure all valuables in their lockers. The athletic department will not be responsible for lost or stolen personal belongings.

## **Attendance**

It is the responsibility of all athletes to attend school on a regular basis. They should set an example for all other students. Athletes cannot participate (dress out) in practice or a game unless they are in attendance at school.

- All athletes will attend Ashley High School on a daily basis.
- Athletes should be present in **ALL** classes during the school day unless excused by parents, faculty or administration.
- If he/she attends school he/she will be expected to practice unless excused by the coach.

## **Dress**

Athletes are encouraged to dress in an appropriate manner whenever they represent Ashley High School

- Must dress appropriately during the school day (AHS Student Handbook), at practice and for **all** games.

## **Obligations**

All athletes are required to replace lost uniforms or damaged equipment either by payment or restitution of the lost article. Athletes are responsible for clearing all obligations with their coaches before participating or practicing with another sport (good standing). If an athlete fails to take care of his/her financial responsibilities to the athletic department he/she will be ruled ineligible (Code of Ethics).

## **Meals/Rooms**

The athletic department will not provide funds to purchase pre-game meals, post-game meals, or overnight accommodations unless covered by the NCHSAA.

## **Letter Requirements and Awards**

An athletic award is a symbol of athletic accomplishment, good sportsmanship, and the observance of athletic policies. If an athlete completes the season in good standing, he/she will receive a letter or participation certificate. The head coach of each sport sets the letter requirements for each sport. Awards shall be held if the student-athlete is not in good standing (debt owed).

### **The Awards available are the following:**

Letter/Certificate: Awarded when an individual letters in for the first time in any sport.

Sport Icon/Pin/Bar: After qualifying for a letter in a sport, each additional sport will be designated by a sport emblem to be worn on the letter.

Participation Certificate: Will be awarded to all team members that finish the season in good standing.

Manager's Pin: A coach may award a manager's pin to any team manager.

Scholar Athlete Certificate: Awarded to all athletes in good standing that has a 3.5 or greater grade point average during the first nine weeks of their sport season.

Plaques: The Head Varsity Coach shall present special awards. The Ashley Athletic Booster Club provides these plaques each year.



## College Admission

The coaching staff will work to qualify as many student-athletes as possible. Information about re-centered SAT scores and clearinghouse registration is available upon request. In the event that a college recruiter contacts an athlete personally he/she has an obligation to notify his/her coach, guidance counselor, and the athletic department. Ashley High School will abide by the rules of the NCAA. Information about college recruiting and the Internet scouting service is available on request.

## Schedules

We compete in the Mideastern Conference, which includes Hoggard, Laney, New Hanover, West Brunswick, South Brunswick, and Topsail. We will continue to schedule and compete against established programs whenever possible. Contracts and schedules (home and away) are for a period of (2) two years.

Schedules for all sports are generally completed three months in advance of the season and are available from the athletic director. To receive the current schedule information go to the Website: [www.ashleyathletics.org](http://www.ashleyathletics.org) and click on link: Ashley Athletic Schedules/Scores.

## Team Selection

Athletes at Ashley High School are encouraged to participate in as many sports as he/she can. Student athletes may participate in more than one sport during a season with the approval of the coaches and the athletic director. Once an athlete begins the in-season-training period of a sport, he/she should not quit while that sport is in season. If an athlete quits a sport they will be withheld from participation until that season is over (includes playoffs). Athletes may be allowed to transfer from one sport to another during a season with mutual consent of both coaches and the athletic director. Each coach has his/her own policy on how he/she selects the team. Coaches will explain their policy to candidates before the season/practice begins. Skill Development sessions and open facilities (open to all, required for none, in season athletes may not participate) are allowed, but shall not be held during any tryout period of an in-season sport (1<sup>st</sup> Fall Practice - 9/1; 1<sup>st</sup> winter practice – 12/1; 1<sup>st</sup> spring practice - 3/15, during mid-term exams, and the last 5 days of each semester). All skill development sessions must be voluntary and open to all athletically eligible students. Insurance is required for all those involved in skill development and off-season sessions.

There shall be no athletic practice/workouts during the school day or on Sunday. Practice may begin after 3:30PM during the regular school day and on workdays. The duration of practice (court or field) should not exceed two hours.

<b>SPORT SEASON</b>	<b>FIRST PRACTICE</b>	<b>First Contest</b>
FALL	Week of August 1	8/19
WINTER	Week of November 1 <sup>st</sup>	11/18
SPRING	February 12 <sup>th</sup>	2/26

## NHCS Code of Conduct

Participation in any extra or co-curricular activity is an important part of the educational experience in the (NHCS) New Hanover County School System. A primary goal of such activities is to teach students character and self discipline skills that will enable them to develop to their highest potential. As role models for their peers and younger students, students who participate in extra or co-curricular activities (“participating students”) are held accountable for their actions at a higher standard than other students. Because of the public nature of the extra and co-curricular programs sponsored by NHCS, participating students are expected to conduct themselves in a manner that will reflect the high standards and ideals of their school and community. The participating student becomes subject to this Code of Conduct upon the student’s signature and date below and continues until graduating from high school. Participating students are subject to this code at all times during the calendar year, including summer months, whether on or off campus. For summer month violations, any discipline or punishment imposed would go into effect at the next scheduled extra or co-curricular activity by the student. This Code of Conduct is, in addition to any specific team/activity rules or regulations established by the individual programs. The Principal will review the circumstances surrounding the behavior and determine what disciplinary action, if any is necessary.

All athletes must work to their academic potential in the classroom. They must also display good school conduct at all times. Disciplinary action taken by the Administration may be supplemented by additional disciplinary action by the Athletic Department.

### **SPECIAL NOTE:**

When serving a **school imposed suspension, (ISS or OSS)** the student-athlete will be **ineligible** for all contests, tryouts, and practices during the suspension period. This means, the student-athlete cannot participate (dress out or attend) during the suspension.

When serving an **athletic suspension**, the athlete is expected to demonstrate support for HIS/HER teammates. Failure to adhere to these expectations may extend his suspension and/or affect his recognition at the conclusion of the season.

### **Student-Athlete Discipline**

The coach may immediately suspend a player for twenty-four hours and at the end of that time suspend them for an additional period not to exceed one week (7 days). Any suspension period of more than one week shall be determined by a meeting of the athlete’s coach or coaches, and the Athletic Director.

### **Expenses**

Should student-athletes or guardian(s) choose to make purchases related to athletic participation e.g. (camps, trips, clothing, equipment for personal use or any other purpose related to participation) the expenses will be the sole responsibility of that athlete and his/her parent(s)/guardian(s). Ashley High School, New Hanover County Schools, and/or the Coaching Staff will in no way to any degree, cover or reimburse voluntary expenses at any time.

### **Hazing**

The NCHSAA, NHCS and Ashley High School encourage coaches and other school personnel to vigorously enforce rules against hazing and similar practices.

**Hazing is defined** as deliberately subjecting another person to physical injury as part of an initiation or prerequisite for membership ... (House Bill 171). It is against North Carolina Law (G.S. 14.35). Regardless of a student’s willingness to participate, hazing and other humiliating

activities expected of a student to belong to a team or group, have many negative consequences. It obstructs the development of good citizens, escalates the risks of participation, negates positive contributions, and destroys respect for self, others and a “wholesome athletic environment.

**Reporting Procedure:** Any person who believes he or she has been the victim of hazing or any person with knowledge or belief of conduct, which may constitute hazing, shall report the alleged acts immediately to a school Administrator. Go to the athletic website for more information about hazing.



## **ASHLEY ATHLETIC AWARDS**

Criterion for Athletic Awards

**Athletic Points for Team and Individual Sports are Calculated Using the Following Formula:**

### **Team Points**

- |     |   |                |
|-----|---|----------------|
| 1.  | Participation Points                        | (4 year total) |
|     | Varsity Letter Qualifier                    | (2 points)     |
|     | Participation Certificate                   | (1 point)      |
| 2.  | All Conference                              | (2 points)     |
| 3.  | Conference Player of the Year               | (2 points)     |
| 4.  | Second Team All Conference                  | (1 point)      |
| 5.  | All Region/Area First Team (Lax. All State) | (2 points)     |
| 6.  | All Region Second Team/District             | (1 point)      |
| 7.  | NCHSAA All State First Team &/or NCCA       | (2 points)     |
| 8.  | NCHSAA All State Second Team                | (1 point)      |
| 9.  | Regional Champion Team Member               | (1 point)      |
| 10. | State Champion Team Member                  | (2 points)     |
| 11. | All American                                | (3 points)     |

### **Individual Sport Points**

- |    |                               |                                  |
|----|-------------------------------|----------------------------------|
| 1. | Participation Points          |                                  |
| 2. | Regional Champion             | (2 points)                       |
| 3. | All Region First Team         | (1 point **see criterion below)  |
| 4. | NCHSAA State Champion         | (3 points)                       |
| 5. | NCHSAA All State Team         | (2 points **see criterion below) |
| 6. | Regional Champion Team Member | (1 point)                        |
| 7. | State Champion Team Member    | (2 points)                       |

- |                       |                |                           |
|-----------------------|----------------|---------------------------|
| Individual Sport Key: | Tennis:        | (second, third or fourth) |
|                       | Swimming:      | (second through sixth)    |
|                       | Golf:          | (second through tenth)    |
|                       | Cross Country: | (second through tenth)    |
|                       | Track:         | (second, third or fourth) |
|                       | Wrestling:     | (second through sixth)    |

**Special Awards:**

- **Scholar-Athlete Award:** Senior male and female with highest scholar/athlete index: (GPA+ Athletic Points)
- **Senior Outstanding Athlete Award:** Awarded to the outstanding male and female athlete with the most athletic points in four years
- **Athlete of the Year:** Awarded to the outstanding boy and girl athlete with the most athletic points during the current Academic year
- **Top Ten Scholar-Athletes:** Awarded to the top five male and female athletes with the highest scholar-athlete index (GPAX10 + Athletic Points)
- **Top Ten Senior Athletes:** Awarded to the top five male and female athletes with the most athletic points in four years
- **Iron Eagle Award:** Awarded to any senior student-athletes that letter in at least three sports their senior year.
- **Andy Wheeler Award:** Awarded to the senior athlete that most exemplifies exemplary leadership, character, and selfless dedication to Ashley Athletics.



**2013-2014  
Traditional School Calendar**

APPROVED 11/29/2012

August 2013						
S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

September 2013						
S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

October 2013						
S	M	T	W	T	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

November 2013						
S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

December 2013						
S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

<b>AUGUST</b>	20-22.....	Teacher Workdays
	23 & 26.....	Designated Teacher Workdays
	27.....	First Day of School
<b>SEPTEMBER</b>	2.....	Labor Day Holiday
	27.....	Half Day for Students, Half Day Staff Development
	30.....	Interim Reports
<b>NOVEMBER</b>	1.....	Half Day for Students, End of Grading Period
	7.....	Half Day Staff Development
	11.....	Report Cards
	27.....	Veterans Day Holiday
	28-29.....	Teacher Workday
		Thanksgiving Holidays
<b>DECEMBER</b>	9.....	Interim Reports
	20.....	Half Day for Students, Half Day Staff Development
	23.....	Vacation Day
	24-26.....	Christmas Holidays
	27, 30-31.....	Vacation Days
<b>JANUARY</b>	1.....	New Year's Day Holiday
	2-3.....	Vacation Days
	20.....	Martin Luther King, Jr. Holiday
	23.....	End of Grading Period
	24.....	Teacher Workday
	30.....	Report Cards
<b>FEBRUARY</b>	14.....	Half Day for Students, Half Day Staff Development
	24.....	Interim Reports
<b>MARCH</b>	28.....	Half Day for Students, End of Grading Period
	28.....	Half Day Staff Development
<b>APRIL</b>	3.....	Report Cards
	14-17.....	Spring Break
	18.....	Good Friday Holiday
<b>MAY</b>	5.....	Interim Reports
	26.....	Memorial Day Holiday
<b>JUNE</b>	12.....	Last Day & Half Day for Students
	12.....	End of Grading Period
	13.....	Designated Teacher Workday
	14.....	High School Graduation
	16.....	Teacher Workday
	16.....	Report Cards via U.S. Mail

●	First/Last Day of School	●	Undesignated Teacher Workday	■	Designated Teacher Workday	◆	Holiday
■	Vacation Day	■	Half Day for Students	{ }	Interim Reports		Report Cards

January 2014						
S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

February 2014						
S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	

March 2014						
S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29

April 2014						
S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

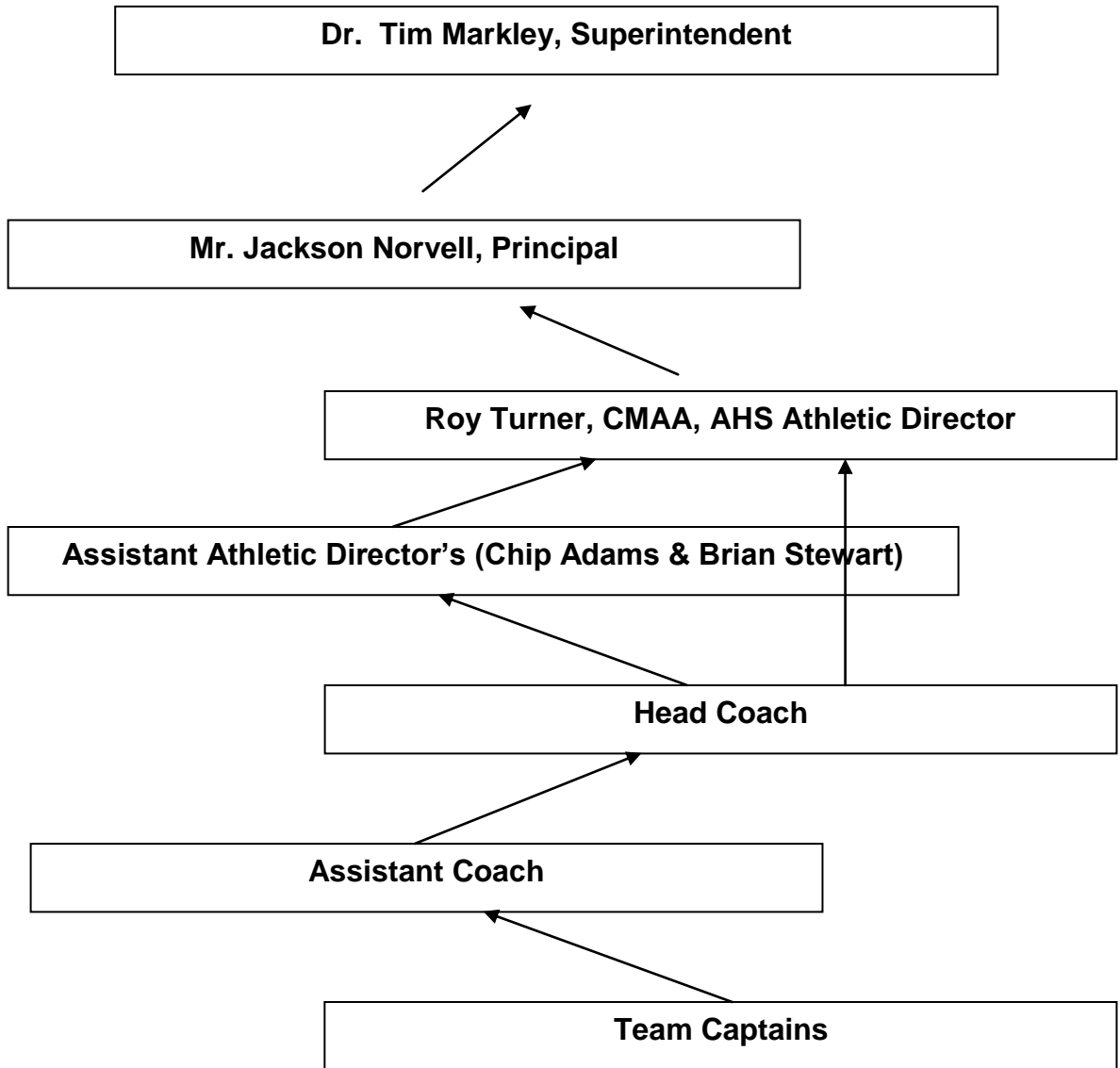
  

May 2014						
S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

June 2014						
S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

# Ashley Athletics/NHCS Chain of Command



## ***New Hanover County Schools Promotion Requirements***

Students will be required to meet current promotion requirements as determined by board policy.

### **High Schools 9-12 Block Schedule for incoming Freshman:**

- Grades 9 to 10 – A minimum of 6 units cumulative must be earned.
- Grades 10 to 11 – A minimum of 12 units cumulative must be earned.
- Grades 11 to 12 – A minimum of 20 units cumulative must be earned.
- Incoming 10<sup>th</sup>, 11<sup>th</sup>, and 12<sup>th</sup> graders see your school counselor for this information.

### **NCHSAA Athletic Eligibility Grid for NHCS**

A student must pass 3-of-4 classes and/or earn the equivalent credits each semester.

<b>Students on a four period day (present 10<sup>th</sup> - 12<sup>th</sup> graders) To be eligible you must pass the following courses the preceding semester</b>	<b><u>Not Eligible</u></b>
Three block classes	Two block classes One year long class
Four block classes	Three year long classes
Four block classes One year long class	Four year long classes
Three block classes. Early Release	Five year long classes
Two block classes Two year long classes	Two block classes
Two block classes one Huskins class	One block class One Huskins class
One block class Two Huskins classes	One block class One Huskins class
Two block classes One UNCW class	One block class One UNCW class
One block class Two UNCW classes	
One block class Four year long classes	
Six year long classes	
<b>Current freshman on a 3 block day and one A day B day block (Five total courses)</b>	
3 Blocks and One of the A/B Day Classes	3 Blocks
<b>All Freshman</b> promoted from the 8 <sup>th</sup> grade are eligible in the fall or first semester of enrollment.	

If you have any further questions and/or concerns, please contact Roy Turner, Athletic Director at 910-790-2360 x129.

### **Other requirements**

Attendance: They must be in attendance 85% of the time. (May not be absent more than 13 days of a 90 day semester) \*GPA: They must have a 77 average. \*Block classes are 90 minutes long, \*Year long classes are 55 minute long \*Full time student per NHC Policy is 3 classes

### **Transferring Between High Schools**

If students transfer between high schools that have different schedules (block or traditional) the following formula is used to compute graduation requirements: (#of years at block x 8) + (# of years at traditional x 6) minus 4= numbers of units required for graduation.

### **Athletic Participation by Students:**

In order to participate in any sport, a student in a 4x4 block schedule must pass 3 courses for the semester immediately prior to the semester of participation, meet LEA promotion requirements and meet any additional individual school requirements. Students on a traditional schedule must pass 5 courses the preceding semester to be eligible.

To be eligible for athletic participation, students must also have been in daily attendance 85% of the previous semester (90 days). As per NHCS policy, a student is counted absent for school if they are not in attendance for a minimum of 2 blocks each day. Daily absences cannot be made up under any circumstances, even if a student attends Saturday classes, extra help sessions, summer school, and/or any other means to make up academic work.

Participation in sports is a privilege, not a right. Extracurricular sports are generally governed by the rules established by the North Carolina State Board of Education and the North Carolina High School Athletic Association. In addition to the rules established by NCHSAA, each Coach may have rules and expectations for the members of the team, which shall be distributed to all players and parents at the beginning of the season. The New Hanover County Schools Code of Conduct applies to all student athletes on and off the field of play. All students who participate in athletics are subject to disciplinary consequences imposed by coaches and administrators.

### **ELIGIBILITY TO PARTICIPATE**

A student who is suspended from school is not eligible to practice, play or attend any meeting during the time of suspension. If the suspension includes the last day of school before a vacation or weekend, the student becomes eligible the next calendar day after the last day of the suspension.

A student who is absent from school will not be allowed to practice or attend any meeting of the team or group on the day of the absence. The principal must approve exceptions such as funerals, field trips, and college visitations in advance.

### **Spectators at School Sponsored Activities**

Spectators at events open to the public are expected to conduct themselves so as to model good sportsmanship and citizenship. This applies to student spectators as well as adult spectators. Spectators shall not:

- Harass, degrade or heckle players, participants or referees;
- Throw anything on the playing surface; and
- Approach the coach of either team before, during or after the game unless invited by the coach to do so.
- Enter the field/court/mat or track before, during or after the contest unless beckoned by the coach or an administrator to do so.
- Student spectators who violate this policy are also in violation of the Code of Conduct and will be disciplined accordingly

Any visitor to a school or school event who violates this policy will be asked to leave (No refund-No Readmission) and may lose the privilege of coming on campus and/or attending school events in the future.

## ***NHCS Code of Ethics*** ***Interscholastic Athletics, Extra and Co-Curricular Activities***

Participation in any extra or co-curricular activity is an important part of the educational experience in the (NHCS) New Hanover County School System. A primary goal of such activities is to teach students character and self discipline skills that will enable them to develop to their highest potential. As role models for their peers and younger students, students who participate in extra or co-curricular activities (“participating students”) are held accountable for their actions at a higher standard than other students. Because of the public nature of the extra and co-curricular programs sponsored by NHCS, participating students are expected to conduct themselves in a manner that will reflect the high standards and ideals of their school and community. The participating student becomes subject to this Code of Conduct upon the student’s signature and date below and continues until graduating from high school. The participating students are subject to this code at all times during the calendar year, including summer months, whether on or off campus. For summer month violations, any discipline or punishment imposed would go into effect at the next scheduled extra or co-curricular activity by the student.

### **The following standards of conduct must be observed:**

#### **A. GENERAL RULES**

- Student shall perform to the best of their ability both academically and athletically.
- Students shall contribute their best effort to the success of the team.
- Students shall conduct themselves both on and off the field in a way which brings credit to the team, the athletics program, and the system.
- Students shall abide by the letter as well as the spirit of NHCS rules and regulations in accordance with NHCS Student Discipline Policy 8410.
- Students shall at all times respect and be courteous to all members of the community and to visitors to the campus.
- Students shall exhibit dignity in manner and dress when representing the system.
- Students shall neither physically abuse nor threaten another person nor abuse any NHCS owned or controlled property or property associated with any NHCS sponsored functions.
- Students shall not participate in any form of hazing or initiation. Any activity of this nature is strictly prohibited. If it is determined that hazing has occurred, the involved student(s) may be suspended or dismissed from the team.
- Drugs, tobacco and alcohol: The possession, use of illegal or counterfeit drugs/alcohol, including possession of paraphernalia for ingestion of such substance by participating students is not acceptable and prohibited. If school officials receive credible evidence (i.e. a police report or criminal charges related to a drug or alcohol offense) or have reasonable suspicion that a violation under this section has occurred, the school will investigate. If after investigation of charges, the school officials determine that the participating student committed the violation, he/she shall be subject to disciplinary action as outlined in Section A.



**First offense:** (resulting in an out of school suspension): The participating student will immediately be suspended from all extra and/or co-curricular activities for seven days\*. If it is a drug or alcohol related offense, the student must enroll in an approved substance abuse and complete the program. Reinstatement is contingent upon the participating student complying with recommendations made by the advisor/coach, treatment program, and the administration.

**Second Offense:** (resulting in an out of school suspension): The participating student shall be suspended from all extra and/or co-curricular activities for 21 days. The student must complete 20 hours of community service as recommended by the principal or designee. Reinstatement is contingent upon the participating student complying with recommendations made by the advisor/coach and the administration.

**Third Offense:** (resulting in an out of school suspension): The participating student shall be suspended from all extra and/or co-curricular activities for 365 days. Reinstatement is contingent upon the participating student complying with recommendations made by the advisor/coach and the administration.

**Fourth Offense:** (resulting in an out of school suspension): The participating student shall be suspended from all extra and/or co-curricular activities for the remainder of the student's high school career.

**B. Drug or Alcohol Sale Manufacture, or Possession with intent to Sell and Deliver or Distribution**

**First offense:** (resulting in an out of school suspension): The participating student found in violation will be suspended from all extra and/or co-curricular activities for 45 days. Reinstatement is contingent upon the participating student complying with recommendations made by the advisor/coach and the administration.

**Second Offense:** (resulting in an out of school suspension): The participating student found in violation will be suspended from all extra and/or co-curricular activities for the remainder of the student's high school career

**C. Criminal Charges and Juvenile Charges**

A participating student charged with (or convicted of ) a criminal offense, misdemeanor or felony, other than a minor traffic offense, shall be suspended immediately from extra and/or co-curricular activities until a complete investigation has been completed by school personnel. The participating student must inform his or her coach or advisor of any criminal or juvenile charges against them as soon as possible, but no later than the student's next participation in any extra curricula event, to include practices rehearsal, etc. The Principal will review the circumstances surrounding the behavior and determine in conjunction with NHCS Athletic Director or Superintendents' designee what disciplinary action, if any is necessary. A dismissal or other disposition of criminal charges shall not prevent the school officials from imposing discipline based on the behavior.

\* For the purpose of this document, all days are defined as school days unless otherwise indicated. \* For the purpose of this document, "participation" includes, but is not limited to, practice, rehearsal, games, contests and performances.

## **ELIGIBILITY FOR INTERSCHOLASTIC ATHLETICS, EXTRA AND CO-CURRICULAR ACTIVITIES**

Athletes and cheerleaders will be required to pass three subjects in the 4 x 4 block schedule or five subjects on the traditional schedule with a 2.0 G.P.A. in the semester in order to be eligible for participation in the following semester, except:

Students who fail to meet that requirement in the spring semester but whose yearly average of fall and spring semesters brings that grade to a 2.0 G.P.A. for the school year, or who attend summer school and achieve a C in the subject or subjects failed, will be deemed eligible for participation the following semester if those courses passed in summer school bring the overall G.P.A. to 2.0 or better.

The Board further expects student athletes to adhere to existing county attendance policies which are stricter than those proposed by the North Carolina High School Athletic Association. In all instances, student athletes will be required to be in attendance on the day of a contest in which school is in session, unless excused beforehand by the respective school principal for educational purposes.

Athletes and other students who represent their individual school and/or the New Hanover County Schools in Interscholastic Activities which include, but are not limited to, band, chorus, drama and student government, will be required to adhere to the standards set forth in the Code of Ethics for Athletics and Student Representatives. The student and the student's parent or legal guardian must sign this Code of Ethics before the student may participate in those activities each school year.

**Participation in an extra or co-curricular activity, including athletics, is a privilege and not a right. All fines and fees owed by the student to the NHCS or to the school must be paid before a student is allowed to participate in athletics, extra and co-curricular athletics.** Principals may suspend students from participating in extra or co-curricular activities if students violate the Code of Ethics for extra or co-curricular activities. Students may appeal such suspensions to the Superintendent or designee in writing, and the Superintendent or designee shall make a reasonable effort to provide a written response with three (3) school days of receiving the written appeal. Students shall not have the right to appeal their suspension from extra or co-curricular activities to the Board, but may petition the Board to hear an appeal of the decision of the Superintendent or designee in accordance with the provisions of N.C.G.S. 115C-45(c). The Board, in its sole discretion, shall determine whether to hear such requests for an appeal to the Board. If the Board decides to hear such request for an appeal, the Board shall have the authority to determine the procedure for the hearing, such as whether the evidence will be presented only in writing, whether witnesses will be allowed to testify in person, whether the student and his/her representative will be allowed to attend the hearing, the length of the hearing and other matters concerning the procedure for the hearing.

The above standard will be applicable for grades 6 -12.

Board approved: 02/05/85

Revised: 06/06/95

Revised: 04/07/08

New Hanover County Public Schools, Wilmington, North Carolina

## **NCHSAA and NHCS Eligibility Regulations**

### **BEFORE PRACTICING WITH ANY TEAM, THE FOLLOWING MUST BE COMPLETE:**

- MEET ALL NCHSAA REQUIREMENTS
- TURN IN A PLAYER INFORMATION FORM TO THE HEAD COACH
- HAVE A PRE- PARTICIPATION (physical) on file at the school.
- HAVE A PARENT/ATHLETE CONCUSSION STATEMENT on file at the school

### **BEFORE PARTICIPATING WITH ANY TEAM THE FOLLOWING MUST BE COMPLETE:**

- TURN IN SIGNED (Student/Parent) NHCS Athletic Participation Form

### **BEFORE PARTICIPATING WITH ANY TEAM THE FOLLOWING MUST BE CHECKED:**

- Must be properly enrolled as a student at the time they participate.
- Must have been in attendance for at least 85% of the previous semester.
- Must not have exceeded eight consecutive semesters of attendance or have participated more than four seasons in any sport since entering the ninth grade
- No student may participate on an athletic team if his/her 19th birthday comes on or before August 31<sup>st</sup>.
- Must live with parents or legal custodian within the school district (exceptions must be approved by the principal and the NCHSAA)
- Must have passed a minimum load of work (3) during the preceding semester to be eligible at any time during the present semester. Students must also meet local promotion standards set by the LEA.
- Must have received a medical examination by a licensed physician within the last 365 days. Students absent from athletic practice for five or more days due to illness or injury shall receive a medical release before readmittance to practice or contests. Players and coaches are encouraged to carry adequate medical and accident insurance.
- Must not have been convicted of a felony, or an offense that would have been a felony if committed by an adult.
- Must not participate in unsanctioned All-star or Bowl games.
- Must not be guilty of Unsportsmanlike conduct, or ejected from the previous contest
- Must not play more than three games in one sport per week, and no more than one contest per day (exception baseball, softball and volleyball).

The New Hanover County Board of Education values the participation of parents and community in the activities of the schools and encourages adults to serve as role models for students. The Board welcomes visitors to the campuses of the schools and provides for opportunities to observe and learn about the educational programs, to use the facilities in compliance with policies designed for community use of our facilities, and to attend public events, including sporting events, musical and dramatic presentations offered to the public.

While visitors are welcome on campus, the paramount concern of the Board is to provide a safe and orderly educational atmosphere in which disruptions and distractions are minimized. The Superintendent and each building supervisor may establish and enforce reasonable rules to address these concerns. In addition, the following requirements apply:

- Spectators at events open to the public are expected to conduct themselves so as to model good sportsmanship and citizenship. This applies to student spectators as well as adult spectators. Spectators shall not:
  - Harass, degrade or heckle players, participants or referees;
  - Throw anything on the playing surface; and
  - Come on the floor, field, mat, and/or track before, during or after a contest without being beckoned by the head coach or administration
  - Approach the coach of either team before, during or after the game
  - Student spectators who violate this policy are also in violation of the Code of Conduct and will be disciplined accordingly

Any visitor to a school or school event who violates this policy will be asked to leave (No Refund or Readmission) and may lose the privilege of coming on campus and/or attending school events in the future.

The following policy statement from the North Carolina High School Athletic Association (NCHSAA) expresses the concept of sportsmanship as follows: Ethics, integrity, and respect are important values in our daily lives. In the playing arena, they are translated into the word sportsmanship. Good sportsmanship is a vital part of high school athletics and must be reflected in a commitment to emphasize those positive lifetime values taught by interscholastic athletics.

#### **Students and spectators should....**

- Realize you represent the school as does a member of a team; therefore, you have an obligation to be a true sportsman, encouraging through behavior the practice of good sportsmanship
- Recognize that good sportsmanship is more important than victory by approving and applauding good team play, individual skill and outstanding examples of sportsmanship and fair play exhibited by either team

**Remember that the primary purpose of interscholastic athletics is (Promotion of Learning)** to promote the physical, mental, moral, social and emotional well being of the players, through the medium of the contest

- Be modest in victory and gracious in defeat (Win with Dignity, Lose with CLASS)
- Respect the judgment and integrity of officials
- Fulfill the pledge you signed before each the season (parents, spectators and athletes)

#### **EJECTION POLICY:**

##### **Anyone ejected from a contest or observed:**

- Fighting
  - \* throwing a punch,
  - \* Instigate a fight,
  - \* Individual(s) involved in a fight before or after a contest, (\$1,000.00 fine)
  - \* Individual(s) leaving the bench area to participate in a fight, (\$1,000.00 fine)
- biting
- taunting, baiting, or spitting toward an opponent
- use of profanity
- use of obscene gestures (includes intimidation)
- disrespectfully addressing or contacting an official

**Shall be suspended by NCHSAA** and may be subject to administrative discipline as well. Anyone ejected from a contest must complete the STAR Sportsmanship program and meet with the head coach, athletic director, and the Principal prior to continued participation in athletics at Ashley.

**Ashley Athletes are expected to: (Eagle's Respect)**

- Exemplify high morals, good character and fellowship
- Respect the integrity of others
- Abide by the rules of the game in spirit and intent
- Demonstrate a continuing interest in personal improvement
- Display good sportsmanship
- Respect the rights and possessions of teammates, coaches, administrators and officials.

**NCHSAA Regulations Student Athlete Pledge:**

As a student athlete, I am a role model. I understand the spirit of fair play while playing hard. I will refrain from engaging in all types of disrespectful behavior, including inappropriate language, taunting, trash talking, and unnecessary physical contact. I know the behavior expectations of my school, my conference, and the NCHSAA, and hereby accept the responsibility **(financial/fines and punitive)** and privilege of representing this school and community as a student athlete.

**Marketing the Student Athlete**

Go to: [www.ashleyathletics.org](http://www.ashleyathletics.org) click on links/forms, "Marketing the Student Athlete" or go to: <http://www.thecoachescircle.com/school/611>

As the athletic director at Ashley High School, we are constantly receiving more and more pressure to assist our students in getting college athletic scholarships and to help them play sports at the college level. As you are aware, it is not our mission to perform this function nor is it in our job descriptions for school athletic directors or coaches. However, we all want to help our kids achieve their dreams and to return the loyalty they have given to our school sports programs.

"The Student Athlete and College Recruiting" and his web-based Dynamite Sports programs are the best and most comprehensive college assistance program I have seen in my twenty-four years as a coach and athletic director. These programs can be used as educational in-service for your coaches and school guidance counselors giving them all they need to know about college recruiting and the athletic scene. Additionally, they are kid and parent friendly, allowing them to access the website programs to find out for themselves how to assess themselves academically and athletically to see if they measure up to the college level. It further gives them the "How to" basics of marketing themselves and the knowledge to fully understand the recruiting game.

By having this program, a coach or athletic director can put a kid or parent at a computer and allow them to see for themselves where they are, determine where they

want to go, and give them a "Blueprint" on how to achieve their goals. The volume of information and resources cover all the bases for the coach, the parent, and the student-athlete.

## **SUMMARY**

This handbook is intended to inform athletes and parents of state and local regulations governing interscholastic athletics. It is hoped that by being aware of rules, regulations, and expectations, unfortunate situations due to lack of knowledge can be avoided. Please understand that this handbook is not all-inclusive. There are many rules and regulations that are not included and, of course, each coach has the right to make reasonable rules that are more stringent than those outlined in this document.

The importance of adherence to all regulations in this book should be apparent. A firm and fair policy of enforcement is necessary to prevent a travesty being made of the regulations. The community, school administrators, coaching staff, and athletic director feel strongly that high standards of conduct and citizenship are essential in maintaining a solid program of athletics. It is our intent to preserve rules that reasonably pertain to the health and safety of the individual and the orderly conduct of sports. We do not wish to establish arbitrary personal preferences to insure absolute uniformity. The welfare of the student is our major consideration. Hopefully, their welfare transcends any other consideration.

In the event that an athlete fails to comply with these standards, it will be interpreted by the Athletic Department as an indication that the athlete does not have sufficient desire to participate in the interscholastic athletic program. Therefore, the athlete will be denied the privilege of participating until such time as they can prove this desire. The precise period of suspension will depend upon the violation(s) and the attitude of the athlete. Generally, a minimum of one week will be necessary to prove the desire to participate and to comply with all standards, which have been established for the benefit of the athlete and the team. Repeat or flagrant violations may result in total suspension from the athletic program as determined by a consensus of the athlete's coach or coaches, and the administration.

For more information about the NCHSAA, go to: <http://www.nchsaa.org/>

For more information or sport specific National Federation rules, go to: <http://www.nfhs.org/sports.aspx>

# Athletic Boosters Eagle Club



[www.ashleyabc.com](http://www.ashleyabc.com)

# *Ashley Eagles Athletic Booster's*

## **Role of the Club**

The Ashley Athletic Booster Club exists as an organization of parents and community persons dedicated to:

- 1) Supporting, encouraging and advancing the athletic program and related activities of the New Hanover County School System, thereby cultivating clean, wholesome school spirit, promoting good sportsmanship, and developing high ideals of character;
- 2) Promoting projects to improve facilities and equipment necessary to provide an adequate athletic program for the school district and to post graduate scholarships for student-athletes;
- 3) Being a club that does not seek to influence or direct the technical activities or policies of the school administration or of the school officials who are charged with the responsibility of conducting the athletic program of the schools of the system.

The club shall do nothing, which violates the rules of the North Carolina High School Athletic Association or in any way jeopardizes the membership of the school in said athletic association.

### **Goals:**

- To raise funds for the athletic program
- To increase school spirit (Eagle Wear)
- To encourage and promote good sportsmanship and community support

## **Financial**

The booster club contributes many thousands of dollars annually, to the athletic department, for each sport, to provide support that would otherwise remain unavailable. Primarily, the monies of the booster club will be expended for 1) capital improvements of athletic facilities, 2) major purchases for athletic training, 3) warm-ups and uniforms, 4) annual awards and scholarships (4), 5) awards and banquet recognition, 6) Seasonal banquet sponsorship and coaches gifts , 7) Athletic Excellence Banquet for senior student-athletes.

## **By-Laws**

### **Sub-Chapters**

- The Booster Club shall be made up of sub-chapters including, but not limited to, the following sports for the purpose of individual fund raising:
  - Baseball
  - Basketball Men
  - Basketball Women
  - Cheerleading
  - Cross Country
  - Football
  - Golf Men



- Golf Women
  - Lacrosse Men
  - Lacrosse Women
  - Soccer Men
  - Soccer Women
  - Softball
  - Swimming
  - Tennis Men
  - Tennis Women
  - Track
  - Volleyball
  - Wrestling
- Each Sub-chapter shall be represented at the Booster Club meetings by the head coach and one voting representative(team Parent Volunteer). During the head coach's season, they may appoint a parent or coach to represent them. The head coach and/or representative will present, in writing, any requests for funds or fund raising to the membership for approval. The representative shall be a member of the Booster Club. All monies raised through fund raising efforts of the sub-chapter shall be held in the Booster Club treasury for the use of that sub-chapter. Funds shall be disbursed from the sub-chapter account only after each sub-chapter has submitted, in writing, any requests for funds and the Executive Committee, the sub-chapter head coach and the Athletic Director have approved the expenditure. After approval, a purchase order number will be assigned and shall accompany all orders.
  - The Booster Club treasurer shall provide a monthly financial report for each sub-chapter including receipts, expenditures and current fund balances.
  - The Booster Club will not be liable for any expenditure without prior approval, pursuant to paragraph 2.

### **Meetings**

- Meetings shall be held on the first Monday of each month at 7:00pm in the cafeteria. Modifications to the schedule must be announced at least one month in advance to ensure proper notification.
- An agenda shall be developed and adhered to for each general meeting and Executive Committee meetings.
- Robert's Rules of Order shall be the authority on all questions of procedure not specifically stated in the Constitution and By-Laws.

### **Standing Program Committees:**

Membership  
 Marketing-Athletic Program  
 Eagle Wear  
 Raffle  
 Golf Tournament  
 Concessions

Fall  
Winter  
Spring  
Newsletter/Website/Marketing

*For More Information and a complete version of the Constitution and By-Laws:*

[www.ashleyabc.com](http://www.ashleyabc.com)

# Athletic Schedules



All dates and times are Subject to change. Go to  
[www.ashleyathletics.org](http://www.ashleyathletics.org)  
for more information.



To get turn by turn directions to venues, open the sport schedule and click on the opponent.

Go to: <http://www.highschoolsports.net/portal.cfm?schoolid=NC2841299869&timeoffset=240>

Pick a sport and click on the opponent.

# Forms




## *Ashley Student-Athlete Transportation Waiver*

\_\_\_\_\_ (Student-Athlete)

Sport: \_\_\_\_\_

Due to the fact that we practice and play at an off campus venue, student-athletes must provide their own transportation to and from practices and home contests. Because the safety of student-athletes is a primary consideration in the administration of this activity, students must have the written permission of their parents for their participation in each specific sport. As per New Hanover County School policy, Ashley will supply transportation to and from all away contests.

Thank you for your cooperation and continued support of Ashley Athletics.



Roy Turner, CMAA  
Certified Master Athletic Administrator

I hereby certify that (student's name) \_\_\_\_\_ has permission to participate in this sport according to the policies and provisions as stated above. In the event of an accident or medical emergency, I authorize the supervising (Administrator/Coach) to seek medical assistance, and I will assume responsibility for all expenses.

Parent Signature: \_\_\_\_\_ Date: \_\_/\_\_/\_\_

Phone Number: \_\_\_\_\_

If parent cannot be located in the event of an emergency, contact:

Name: \_\_\_\_\_

Phone Number: \_\_\_\_\_



# 2013-2014 Athletic Season Ticket Application

\_\_\_\_\_ \$250 Family Pass (2 Adults/2 Students)

\_\_\_\_\_ \$125 Single Parent/Adult

\_\_\_\_\_ \$60 Senior Citizen Pass (Age 60 & up)

\_\_\_\_\_ \$40 Student/Athlete Pass

Name (Applicant

#1): \_\_\_\_\_ Age: \_\_\_\_\_

Name (Applicant

#2): \_\_\_\_\_ Age: \_\_\_\_\_

Name (Applicant

#3): \_\_\_\_\_ Age: \_\_\_\_\_

Name (Applicant

#4): \_\_\_\_\_ Age: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ Zip: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Cell Phone: \_\_\_\_\_

email: \_\_\_\_\_ @ \_\_\_\_\_ . \_\_\_\_\_

🦅 Good For ALL 2010-2011 Home Contests except; endowments, tournaments, and NCHSAA Playoff Contests

🦅 Season Passes are NON-TRANSFERABLE

Make Checks Payable to : Ashley High School  
555 Halyburton Memorial Parkway  
Wilmington, NC 28412

For Further Information Contact: Roy Turner, [roy.turner@nhcs.net](mailto:roy.turner@nhcs.net) or (910) 2360 X129

Office Use Only (picture ID required by NHCS)

Issue Date: \_\_\_\_\_ By \_\_\_\_\_

ID #1: \_\_\_\_\_ (Holder Initial)

ID #2: \_\_\_\_\_ (Holder Initial)

ID #3: \_\_\_\_\_ (Holder Initial)

ID #4: \_\_\_\_\_ (Holder Initial)

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# Ashley High School

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## The Definite Dozen of Ashley Athletics

### TO STAY INVOLVED:

**BE COMMITTED TO YOUR ACADEMICS** – Know your goals...make a plan...get a diploma.

Be on time. Sit up front. Take good notes. Do all extra work possible. Plan ahead and talk to teachers when you are having a problem. Get extra help when you need it.

**BE COMMITTED TO CLASS** – Treat teachers, trainers, support staff, and all you meet with respect. Treat other people the way you want to be treated. Moody people are rude. Remember to smile, to say please, thank you, yes sir, yes ma'am and give people the benefit of the doubt.

**BE COMMITTED TO DOING THE RIGHT THING** – We have plenty of team and school rules... know them. Realize if you just try to do the right thing you will be OK. Try to do the next thing right and you are as close to perfect as any person can be.

**BE COMMITTED TO THE PROGRAM** – We realize that our players are in a fish bowl at AHS. Every word and action will be watched. We must be committed in building traditions in our program starting today and respect those that have gone before us and paid the price.

### TO PLAY HERE:

**BE COMMITTED TO HARD WORK** – Our program is built on the concept that hard work pays off.

We believe that we work harder than anyone else...and because of that we always deserve to win. There is a reason we are going to become the best...we work at it.

**BE COMMITTED TO BECOMING A SMARTER PLAYER** – Our players must be ready to learn. We believe we work smarter than anyone else...We must develop players who understand the game. Our players must be good listeners and learn by watching. We must make good decisions; we must play with poise. We prepare mentally for practice and games

**BE COMMITTED TO OUR TEAM ATTITUDE CONCEPT** – We must have players who believe in our team concept. Our program is built on the concept that the team / program is bigger than any one player...We need unselfish players.

**COMMIT YOURSELF TO A WINNING ATTITUDE** – Our players must be committed to winning but understand we don't measure our success by winning alone. Each time we play we evaluate ourselves on reaching our potential. The test for our team is to play against the game and not just our opponent. We never quit. We are always looking for a way to win.

### TO WIN HERE:

**BELIEVE IN OUR SYSTEM** – Commit yourself to our philosophy, to our system of play. Be a sponge and soak up the concepts of how we play. Learn your role...then accept your role and do it the best you can.

**BELIEVE IN YOURSELF** – Play with confidence...think positive...realize you are a great player in a great program. Don't get down when you play poorly...realize you were chosen to be here...be a leader. Lead by example.

**BELIEVE IN YOUR TEAMMATES** – Communicate with each other...help each other. Remember the strength of the pack is the wolf and the strength of the wolf is the pack. Encourage each other and support each other. Don't ever forget the importance of the shell around the team. Be a friend. We understand that we are all different – be tolerant of teammates and others.

**BELIEVE IN YOUR COACHES** – Understand that your coaches are trying to help make you better people and players. Ask questions...don't whine and complain. Learn to take tough coaching. You must believe that the coaches are doing what they think is right for the team and you.