

## Sign Up:

Camper name:

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Grade (Next year):

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Parent/Guardian name:

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Contact information:

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The camp has 60 openings, available on a first come, first served basis. Students may turn forms into the school office or you may mail them to:

Heather Wade  
Track Camp  
781 West Pickens  
Pea Ridge, AR 72751

Walk-ins will be welcome on Tuesday  
May 31st at 11:30a.m



Questions?  
Contact Coach Wade  
[hwade@prs.k12.ar.us](mailto:hwade@prs.k12.ar.us)  
or Coach Caton [caton@prs.k12.ar.us](mailto:caton@prs.k12.ar.us)

## Lil' TrackHawks Summer Camp May 31-June 2 12:15-2:15



**WHEN:** May 31-June 2  
12:15-2:15

**WHERE:** Pea Ridge Track

**WHO:** Male and Female students who are entering grades 3-7 next year.

**COST:** \$20

**Each participant will receive a participation medal and potential ribbons.**

**A snack and drink will be provided during the break.**

## **Daily Schedule:**

**12:15-12:30** Roll call, stretching/agilities

**12:30-1:15** Field event stations

**1:15-1:25** Snack and drink break

**1:25-2:05-** Running event stations  
(relay/hand offs, starting blocks, hurdles)

**2:05-2:15** Camp announcements and track talk

**2:15** Pick up from the track

Campers must be picked up between 2:15-2:30. Camper **MUST** bring a note if they are going home with someone other than a parent.

On Thursday June 2nd we will be hosting a mini track meet. The students will be able to compete in different events with the potential to win ribbons.

## **TrackHawks Camp:**

The goal of this camp is to introduce different events in track and field to elementary age athletes in order to prepare them for the Pea Ridge Middle School track program. Track teaches kids the importance of teamwork, positive attitudes, and overcoming obstacles.

### **CAMP STAFF:**

The staff will include current Track and Field coaches and current/former track athletes. The camp will be directed by Coach Heather Wade, who has coached the PRHS Girls Track team for the last three seasons and has 8 years of track coaching experience and Lafe Caton who has been coaching track for 20+ years. Also helping are Coach Melissa Meyers and Anya Bruhin. Athletes will assist in teaching and demonstrating the skills for each of the different events.

