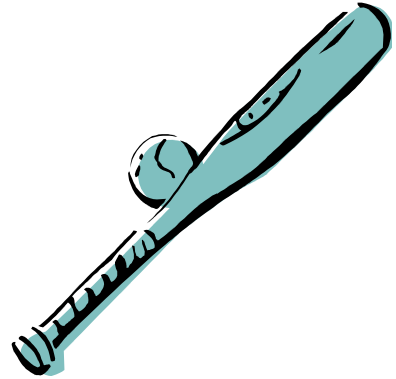


BRUIN BASEBALL INSTRUCTION



The High school baseball staff and players will be available on Sunday evening for any player wanting instruction and practice. This will take place at the indoor building at the high school from 5:30-7:00 pm. We will cover all aspects of the game. Players will be grouped according to age groups with the focus on fundamentals.

- Who: Ages 6-14 (K-8th grade)
- Where: Indoor building at the high school
- When: Sunday evening from 5:30-7. **First session will be Sunday September 28th**
- Why: To practice the fundamentals of throwing, catching, hitting, and pitching.
- Bring: Glove, bat, catching gear (if applicable)
- Wear: No metal spikes....shorts or pants
- Cost: \$20 for each session, checks can be made out to ASBC Baseball